

Lions Clubs International Lions District 19 - I

The Laughing Lion

Edition 9, March 2023



Greetings Lions,

March is certainly coming in like a LION! I have two feet of snow in my Ladysmith yard; not something I am used to. This has curtailed some of my visitation plans and forced rescheduling. If I have not yet visited your Club, please reach out with suitable dates for a meeting or an event.



This is the time of year we start to anticipate change = new leadership in our Clubs, nominations, elections, training and planning our budgets. And new members! Have you planned an open house or a recruiting event? Does your community know what you do? Have you invited the School Board members to your Club, or members of your local police or



fire departments? Think outside of your usual sphere of influence. But also ask those closest to you, as in your family and your friends, your colleagues at work, people in your gardening club or on your children's sports teams as coaches and mentors. Encourage people to know the benefits of operating as a Club, with insurance coverage and camaraderie as bonuses!

If you have not yet signed up for our last ever District I Convention, this is the time to get your registration sent in. Come for a day, or for the whole event. We are still going with "Summer Camp" and there will be hot dogs and marshmallows for sure, along with some fun and educational opportunities.

As we become District L, rest assured that your Club will retain its character, and your Zone will just have a new letter assigned, so there is no need to go out and buy new banners or rebrand everything. More on this soon, as the Multiple District researches ways to repurpose and re-invent ourselves.

We Serve is our motto. What can we do to ensure the highest quality of Service in our Lions framework? I suggest encouraging every member to donate to LCIF, as we see the dire needs around the world, with people displaced and on the move. Even \$5 goes a long way each month, when we multiply this by our 1.4 million members. Donations should go to the Canadian address, and a tax receipt will be issued.

lionsofcanadafundforlcif.ca
Lions of Canada Fund for LCIF
C/O Stan Durward
Box 38
Sunderland, ON LOC 1H0, Canada



Remember to nominate people for the Melvin Jones and Judge Brian

Stevenson Awards. Let's ROAR!

March 3rd

is LDUN



Lia Versaevel > DG

Brian Sheehan International

Club International - Our leaders 2022 - 2023



Douglas Alexander Imm. Past Intern'l Pre side nt



Dr. Patti Hill Intern'l 1st Vice President



Fabrício Oliveira Intern'l 2nd Vice President



A. P. Singh Intern'l 3rd Vice President

District 19 - I Cabinet



District Governor DG Lia Versaevel Ladysmith, BC 250-606-1515 versaevel.liamarie@gmail.com

President



Imed Past District Governor DG Lorne Bunyan Salt Spring Island, BC 250-537-1647 / 250-920-9059 pdglorne.bunyan@gmail.com



1st Vice District Governor Michael Stanford Victoria, BC 250-213-3714 / 250-412-5260 lionmichaelvdg19i@icloud.com



2nd Vice District Governor Vacant—This could be you!!!



Cabinet Secretary/Treasurer **PDG Marcel Deslauriers** Victoria, BC 250-245-3445 lionmarcel19i@gmail.com



District Administrator PDG Cec Specht Courtenay, BC 250-338-0509 / 250-702-0248 cec.specht@shaw.ca



Info & Tech/Website PDG Ron Metcalfe Port Alberni, BC 778-419-4565/250-731-9742 ron2lion@shaw.ca



Facebook Bob Orchard, Sidney BC 250-656-7829 orchardr@telus.net



Newsletter Editor Evelyn Smith, Nanaimo BC 250-802-8105 esmithmd19i@gmail.com



Zone Chairs ZONE 19 I-1 Chair Lion Kevin Borde (Renee) Port Angeles, WA Cell: (360) 460-5848 kevinborde.lions@gmail.com

Clallam Bay-Sekiu Lions Forks Lions Crescent Bay Lions Port Angeles Lions Quilcene Lions **Sequim Valley Lions**



ZONE 19-I-2 Jackie Lawrence Sooke, BC Res: (778) 425-4227 Cell: (778) 533-0173 jackielawrence@shaw.ca

Clubs

Esquimalt Lions Saanich Lions Sooke Victoria Lions West Shore Lions Sooke District Lioness Lions Sooke Harbourside Lions Victoria Chinatown Lioness Lions Victoria Chinatown Lions



ZONE 19-I-3 Lion James Sikora Salt Spring Island, BC Res: (250) 931-7372 Cell: (250) 626-7372 james sikora@hotmail.com

Clubs

Central Saanich Lions Galiano Island Lions Mayne Island Lions Pender Island Lions Salt Spring Island Lions Sidney Lions Saturna Island Lions



Zone Chairs cont'd



ZONE 19 I-4 Chair Margaret Wall Duncan, BC Res: (250) 748-7784 Cell: (250) 715-5787 margaretrwall@hotmail.com

Clubs

C to Sea Lions Cedar Lions Cowichan Lake Lions **Duncan Lions** Ladysmith Lions Malahat Lions Mill Bay Lions



ZONE 19 I-5 Chair Lynne Davidson Comox, BC Res: (250) 702-6078 franklyn4741@gmail.com

Clubs

Baynes Sound Black Creek Lions Comox Valley **Gold River Lions Qualicum Bay Lions Tahsis Lions** Willow Point Lions Comox Valley Monarchs Lions



ZONE 19 I-6 Chair John Tidbury Port Hardy, BC (250) 902-7218/902-7218 johntidbury@gmail.com

Clubs

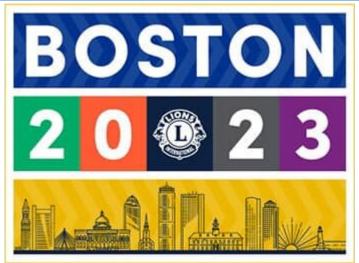
Malcolm Island Lions Port Alice Lions Port Hardy Lions Port McNeill Lions



ZONE 19 I-7 Chair ZC Betty Anne Herbert Ladysmith, BC Phone: (250) 245-7977 Email: lionba@shaw.ca

Clubs

Alberni Valley Lions Gabriola Island Lions Nanaimo Hub City Nanaimo Lions Nanoose Bay Lions Parksville Lions Parksville Lioness Lions **Protection Island Lions**



LCICon 2023 Boston

The Lions Clubs International Convention is happening July 7-11, 2023. Celebrate service with your fellow Lions and Leos in the city on the hill — historic Boston, Mass



Website: https://lcicon2023boston.com/

Register now:

https://www.mcisemi.com/lci2023/ #_ga=2.85564369.959691253.1671571306-1394264112.1635393836



The largest and best Lions Club leadership training event in the world, the USA/Canada Lions Leadership Forum is for you! With over 70 seminar training sessions related to developing quality Lions Clubs and thousands of Lion leaders sharing their experiences.

https://www.facebook.com/events/1233863934125190/



USEFUL WEBSITES/FACEBOOK

Lions International

lionsclubs.org

Intl President Brian Sheehan

https://www.facebook.com/LionsPresident/

District 19 I / Facebook

lions19i.ca

https://www.facebook.com/ LionsInternationalDistrict19I

Multiple District 19

lionsmd19.org

Lions of Canada Fund for LCIF

lionsofcanadafundforlcif.ca

BC Lions Society for Children with Disabilities

lionsbc.ca

C.A.R.E. Project

lionsmd.org

Lions of BC Hearing Conservation Society

lionsofbchearingsociety.org

Leader Dogs for the Blind

leaderdog.org

Lions Foundation of Canada Dog Guides

dogguides.com

Diabetes Awareness

diabetes.ca

Northwest Lions Foundation - restoring sight,

hearing and hope nlfoundation.org

Lions Club International Foundation

lcif.org

Global Action Team (GAT)

https://www.facebook.com/groups/2236757789943562

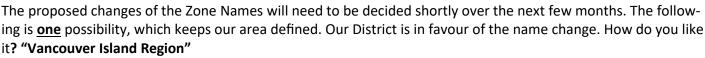
News from the Merger of District 19-L

Hello Lions;

Thank You for your Patience!! We are progressing forward to the Merger of District 19A and District 19I into the new District 19L that has been approved by Lions Clubs International during October 2022. Until then we were very opposed to the idea of redistricting and did not speak to Merger.

As per the request of Lions Clubs International, we had voted (prior to December 31, 2022) on the Leadership for 2023-2024, DGE Elaine Luk will be our District Governor and FVDGE Michael Stanford will be our Vice District Governor. To date, we have

not identified a Second Vice District Governor. There is still time to find a Lion to take on the Role. Ideally, the 2nd VDG should come from Metro Vancouver until the Merger of the Districts is complete.



19-LI-1 from 19-I-1, Clallam Bay Sekiu, Crescent Bay, Forks, Port Angeles, Quilcene, Sequim Valley

19-LI-2 from 19-I-2, Esquimalt, Saanich, Sooke, Sooke District Lioness Lions, Sooke Harbourside, Victoria, Victoria Chinatown, Victoria Chinatown Lioness Lions, West Shore

19-LI-3 from 19-I-3, Central Saanich, Galiano Island, Mayne Island, Pender Island, Saturn, Sidney

19-LI-4 from 19-I-4, Cedar, Chemainus Crofton C to Sea, Cowichan Lake, Duncan, Ladysmith, Malahat, Mill Bay

19-LI-5 from 19-I-5, Baynes Sound, Black Creek, Comox Valley, Comox Valley Monarch, Gold River, Qualicum Bay, Tahsis, Willow Point

19-LI-6 from 19-I-6, Malcolm Island, Port Alice, Port Hardy, Port Mc Neill 19-LI-7 from 19-I-7, Alberni Valley, Gabriola Island, Nanaimo, Nanaimo-Hub City, Nanoose Bay, Parksville, Protection Island

Metro Vancouver Lions Zones will be known as 19-LA-1, 19-LA-2, etc! It will be easier to insert the Letter "L" onto the Zone Chair Banner.

DGE Elaine will be forming a Cabinet for the first year. We are examining ways to merge our two Districts together. The role of Regional Chair may well be our VDG & DG. We do not want to add costs to our Merged District. We will be looking at a Shadow Cabinet approach. It may work but it will be a learning process.

The District Governor Visits will be changing and flexible to adapt. The main thought is to be fiscally responsible with the Budget that will be given to the District Governor. Time and Travel is a big task. We may have to change our ways of the DG Visits to Lions Clubs and Group the Visits to Zone Meetings. Over the next few months we will proceed in the best interest of the Lions. We do not want to over burden & raise the Lions Dues.

The first order of business will be to merge our two Districts Constitution & Bylaws. PCC Larry Taylor and PCC Polly Voon will be Committee chairs. They will be looking for assistance with the process. We have PDG Georgia Medwedich and DG Lia Versaevel volunteering to assist with this endeavour. At this time our decisions are not final and will be flexible. We will be meeting again face to face at the Spring Conference.

A Big Ask is to be patient. If you would like to submit input for consideration, please VDG Michael an email. Again, Thank You for your patience!

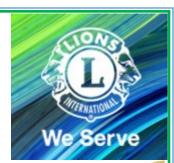
Respectfully Submitted; Lion Michael G Stanford FVDG District 19-I Victoria Lions Club





PRESIDENT'S MESSAGE

Together We Can with International President, Brian Sheehan



Hello, Lions!

Your club is always working to bring bigger and better service to your community. Because every project, no matter how big or small, helps build a stronger foundation for the future. And the best part about it is that there's always something exciting to look forward to.

Let's share our excitement for what's happening now and what's next with our communities.

We can give the people around us the opportunity to be the change they want to see by inviting them to help us make it happen. Because everything we do leads to something bigger. And our best work is still ahead of us.

Make a Great Day!

Brian E. Sheehan International President, Lions Clubs International



Celebrate Earth Day with Lions

Making a big difference in your community's future begins with what you do today. So this Earth Day on **April 22**, let's engage our communities by giving them the opportunity to join us as we work to protect, restore and advocate for the environment.

And whether you're serving on Earth Day, or any other day, make sure your community knows who you are by wearing branded Lion gear.

https://lionsclubsinternational.myshopify.com



SPRING CONVENTION UPDATE-

All Aboard!!! The blue bus service for the Saturday April 15th Evening Banquet!! PDG Lorne says it's a 48-seater School Bus!

In other news - Prime Minister Trudeau says:

"Saturday April 15, I ordered the take down of an unidentified blue object that has violated Canadian airspace. Canadian aircraft were scrambled to take down the object seen over the Duncan/Chemainus area of Vancouver Island, with their NERF Torrent Water

Blasters."



District 19-I

Our last big party as we say goodbye to District 19-I and welcome District19-L

Spring Convention Update

RAMADA BY WYNDHAM ~ Duncan 140 Trans Canada Highway, Duncan

Friday April 14th

Registration (\$20.00) starts at 12:00 noon until 8pm Fun Night (\$20.00) door open at 6pm Theme is "Summer Camp"

Saturday April 15th

Opening session will start at 8:30 am

Panels starting at 10:15 am

Lunch at Noon (\$25.00) doors open at 1145 pm

Dinner (\$60.00) at Arbutus Ridge Golf Course doors open 5pm (Bus provided to and from Arbutus Ridge) 125 seats available (no refunds available)

Sunday April 16th

Closing ceremonies with the Memorial in the morning doors open at 9

Registration open through Evenbrite, **COPY AND PASTE** link and read the details on the first page

before purchasing tickets.

https://www.eventbrite.ca/e/19-i-spring-convention-2023-tickets-525186716607

COPY AND PASTE THE LINK

HOTEL INFORMATION:

Best Western Cowichan Valley Inn ~ full Oceanfront Suites at Cowichan Bay ~ 11 rooms available \$235.00 per night 1681 Cowichan Bay Road 250-715-1000 Wessex Inn Motel ~ \$169.00 per night 1846 Cowichan Bay Road 250-748-4214 (Mixed Reviews)





19 I SUMMER CAMP Keep the Fires Burning!



LION'S CONVENTION 2023

Where: Ramada Convention Centre (Formerly the Silver Bridge Inn) Duncan B.C.

When: April 14, 15, and 16

Who: Everyone, come share the fun and fellowship

Why: To come together after COVID celebrate 19I and welcome District 19L

Friday night fun night theme will be "19I Sumer Camp"

Saturday great Speakers, panels to inform. Register with Eventbrite

Saturday night: The District Governor's Dinner will be at Arbutus Ridge Golf Course and limited to a maxi-

mum of 125.

Sunday Memorial Service.

Register (COPY AND PASTE THE LINK)

https://www.eventbrite.ca/e/19-i-spring-convention-2023-tickets-525186716607

WE NEED YOUR HELP!

As part of the upcoming 19I District Convention in Duncan on April 14, 15 and 16th, we would like to have a presentation showing the History of 19I. As of July 1, 2023, our District will become "District L".

We are looking for any pictures that are going way back. Pictures when most of us had dark hair. Pictures showing work parties, Conventions, etc. Our District History goes back to when Ladysmith Lions were chartered, followed by Forks in 1947 Clallam Bay Sekiu in 1950 and then Esquimalt in 1951. I'm hoping we can find some pictures from those years. Your help is needed and appreciated. Please send pictures to Josie Masi at josiemasi@telus.net

Thank you – Lion Jane Beddows, 19I Convention Committee



If you have pics from previous Conventions please email them to Josie Masi at josiemasi@telus.net





2022









2019 2018 2017 2016

District 19 - I Spring Convention Special International Guests



Past International Director Marvin Chambers joined the Fillmore and District Lions Club in 1971. He has been active at all levels in his club since then.

- On Cabinet he has been the chairperson of several committees and presently is the International Liaison for the 5SKS cabinet.
- PID Marvin served as District Governor 2005-2006, Council Chairperson for MD5 2006-2007 and Chairperson for the Long Range Planning in 2007-2008.
 He was very active in the MD5 redistricting efforts.
- PID Marvin has received many awards during his Lion's life, and holds the highest award given to a Lion, the Ambassador of Good Will.
- PID Marvin served as International Director for Canada 2011-2013.
- PID Marvin served as Co chairperson for Campaign 100 for Canada. Lion Marvin is also the Global Chairperson for the campaign to elect Dr Patti Hill as President for Lions Clubs International.
- PID Marvin is very active in the Fillmore community serving on Village council, holding the position of Mayor for 15 years and stepping down November 2021. His professional life has revolved around farming.
- PID Marvin and his wife Lion Lynne have a combined family of five, three daughters and two sons.
 They are the proud grandparents of seven, four granddaughters and three grandsons.

A member of the Fillmore District Lions Club since 1971, Marvin Chambers has been actively involved in working with the blind and visually impaired. He is a proud and dedicated supporter of CNIB Canada, the Canadian Diabetes Association, and other local/national sight-related causes.

PID Marvin was awarded the Sovereign's Medal for Volunteers on January 30, 2014. The medal recognizes the exceptional volunteer achievements of Canadians.



Lion Lynne joined the Fillmore and District Lions in 2010. Lion Lynne has been Club Secretary and Club President since joining.

- Lion Lynne has a progressive Melvin Jones award and a Marvin Chambers Fellowship Award.
- Lion Lynne's Lions activities mostly include accompanying PID Marvin on his
- travels to various meetings and conventions. This has been an extremely rewarding experience.
- Lion Lynne is a retired Registered Nurse whose professional career was in home care nursing and for many years being an Assessor/Coordinator for both Palliative Care and Home Care services in the Regina Qu'Appelle Health District. This was a very rewarding career being able to assist families in their stressful situations.
- Lion Lynne enjoys sewing [quilting mostly], looking after her flower beds and yard, camping and visiting with family and friends.

"Retirement has been a very busy time and I am so grateful to have had time to enjoy this chapter of my life."

March 8th is International Women's Day

Excerpt from - https://westportlions.ca/2021/05/07/lions-welcome-women/

Until July 5, 1987, women had been barred from joining Lion Clubs since its formation in 1917. It took Lions Clubs International (LCI) 70 years to vote women into full membership rights and privileges, including the right to vote and hold office in a club.

Today Lions have 1.4 million members in 200 countries. Lions began as a means for business owners to network and discuss business issues. After a couple of years, the founder of the Lions, Melvin Jones, stated, "You can't get very far until you start doing something for somebody else." Jones proposed that members' talents could be better utilized by serving others. The Chicago businessmen that formed the first Lions Club said women were barred from joining because so few women were in business at the time. At that time, no service organization allowed women to join.

The first Lions Club in the world to admit women did not come without a fight. For admitting women into their Club, LCI voted unanimously in 1981 to revoke Portland Lloyd's 21-year-old charter. The Lloyd Lions appealed the decision and eventually won the right to admit women by taking the case to the Oregon Supreme Court. That decision paved the way for women to join Lions throughout Oregon and eventually the world. The first woman to join a Lions Club was Mary Mulfur, who joined Portland's Lloyd Club with three other women in 1981.

In 2019 there were 425,000 female members and growing. Women membership is the fastest-growing segment in Lions.





Watch the video – (5 years old) How to increase women's participation in Lions: https://www.youtube.com/watch?v=FAOC2PyLmJk

The New Voices Initiative celebrates the extraordinary achievements of and contributions by women in Lions Clubs International Read about the 2019 Winners: https://www.lionsclubs.org/en/blog/Congratulations-New-Voices-Finalists



Making a difference

every day,

History of Women in Lions International

- 1917: Lions Clubs International was founded
- 1925: Helen Keller was honored as the "First Lady of Lionism". Most members know about Helen Keller address the Lions in 1925 at their Convention in Ohio.
- 1975: The Lioness Program began
- 1987: Women were approved for Lions membership
 - * LCI is the first service club to admit women.
 - * July 4, 1987: Date the first female became a Lion
- 1991-1992: Term of first female District Governor, Louise Colombani, District 103C, France
- 1999-2001: Term of first female International Director,
 Nilofar Bakhtiar, Pakistan
- 2003: The women's initiative began
 - * Women made up 14% of membership and 9% of DG's
 - Worldwide Women's Workshop took place
- As of July 2011, chairpersons are called specialists, and work under the GMT district coordinator.
- 2007: Initiation of dues concession for family began
- 2010: Lions Family Cub Program was developed to

- The Cub Program gives children the opportunity to build a lifelong dedication to helping those in need. Cubs are divided into three age categories:
 - * Level I: Under age 3
 - * Level II: Age 4-7
 - * Level III: Age 8-12
- 2010-11: Regional Women's Workshops took place to gain regional ideas for growing women, family, and young adult membership in Lions
 - Europe: May 2010
 - Japan: November 2010
 - Latin America: January 2011
 - Australia: September 2011
- 2011-12: PIP Tam developed the Women's & Family Membership Development Task Force
- 2012-13: PIP Madden continued the Task Force
 - 25% Percentage of women in Lions worldwide as of March 31, 2013
- 2018-2019: Lions International first female President was elected and installed Gudrun Yngvadottir from Iceland.

First Woman Lions International President 2018 - 2019

Gudrun Yngvadottir, from Gardabaer, Iceland, was elected as International President of Lions Clubs International at the association's 101st International Convention in 2018. PIP Gudrun is a biomedical scientist and has worked in research, education and management. Since 1990 she has worked at the University of Iceland as Vice Director at the Institute of Continuing Education.

A member of the Gardabaejar Eik Lions Club since 1992, PIP Gudrun has held many offices within the association, including District Governor, and Council Chairperson. She has dedicated her service to children and youth; membership and leadership development; health and environmental projects and Lions Clubs International Foundation (LCIF).



Gudrun Yngvadotti of Iceland 1st Woman International President 2018—2019

PIP Gudrun served as International Director 2010-2012 on the Leadership Committee, as chairperson the second year; 2011-2013 on the Women's Task Force; 2012-2013 she was a board appointee on the District and Club Service Committee; and 2013-2014 on LCIF Governance Ad Hoc Committee.

In recognition of her service, she has received numerous awards including International President's Awards and the Ambassador of Good Will Award, the highest Lions Clubs International award. She is also a Progressive Melvin Jones Fellow.

In addition to her Lions activities, PIP Gudrun is active in numerous organizations, including the Icelandic Association of Biomedical Scientists and has been its representative for cooperation between Scandinavian and European scientists.

PIP Gudrun and her husband, Dr. Jon Bjarni Thorsteinsson, a past International Director and a Progressive Melvin Jones Fellow, have one son, one daughter and six grandchildren.



1st International Vice President. 2022 - 2023

Second Woman Lions International President 2023 - 2024

Dr. Patti Hill from Edmonton, Alberta, Canada is in line to be the Second Woman International President. She was elected to serve as First Vice President of Lions Clubs International at the 104th International Convention in 2022.

1st VP Patti is President of a consulting firm. With 30 years of experience as a psychologist, she has mentored graduate students and psychologists in training. She has also championed the rights of children and youth who are deaf and/or blind.

A member of the Edmonton Host Lions Club since 1990. 1st VP Patti has held many positions, including District Chairperson for Membership, Environment, Convention and International Cooperation & Understanding. Additionally, she has served as a committee member for the USA/

Canada Lions Leadership Forum, multinational coordinator for Campaign SightFirst II, secretary for the Lions Eyebank (Alberta) Society, Vice President of the Lions Eye Research Institute of Northern Alberta and presenter at many forums and conventions.

In recognition of her service to the association, 1st VP Patti has received numerous awards, including several International President's Awards. She has been honored with the Ambassador of Good Will Award, the highest honor the association bestows upon its members. She is also a Progressive Melvin Jones Fellow, and recipient of numerous other fellowships. In addition to her Lions activities, Vice President Hill is active in numerous organizations. She is a member of the Psychologists Association of Alberta, the College of Psychologists and the Community League. In the past, she served as an executive officer of the Alberta Association of School Psychologists and the Association of Canadian Educators of the Hearing Impaired. Vice President Hill has also served on the Alberta Premier's Council on Persons with Disabilities.

Vice President Hill and her husband, Greg Holmes, also a Lion, enjoy time with their family which has grown to include Pieter and Carley, Jessica and Mitch, and Erin, Mike and granddaughter, Violet

Wounded Warriors Run BC www.inthistogether.run

By John Penner



THE RUN BEGINS: FEBRUARY 26 2023

Greetings from snowy Port Hardy everyone, here we are ready to begin the tenth year of the Wounded Warrior Run BC! We started our trip north this morning as we have every year, from the View Royal Serious Coffee, where we had a chance to chat with two of the Run's original founding members, Dan Bodden and Channing Knull, who shared some history and the events that inspired them to begin the run. After saying 'Good-bye' to family and friends we hit the road, and while the drive wasn't







the most relaxing we've had, we made the trip from Victoria without incident and in good

time! We had a great supper at the Port Hardy Legion where we had a chance to visit with some old friends and supporters. The team is excited to get actually get running and conquer the challenges brought on by Mother Nature... one of the foundations of the Run is overcoming adversity, and our runners will get a chance to do that tomorrow! For everyone at the

north end of the Island, we hope to see you at Carrot Bay Park for the run start tomorrow, Sunday 26 February at 7.00am. Thanks! John Penner (John's photo's)

And Day One is officially done! We were all a little concerned this morning, as the snow kept coming all night, but the highway plough crews burned the midnight oil, and the roads were in good shape. The team did an outstanding job of dealing with the weather and conditions, and we were actually running ahead of schedule for most of the day. We



began with a ceremony and blessing by Chief Calvin Hunt and a send-off from 4 CPRG, Canadian Rangers & Junior Canadian Rangers... straight into a blizzard! Fortunately, it didn't last too long (just long enough to get a couple of good images!) and the sun came out. We had lunch at the Port McNeill Legion who not only do an absolutely amazing job of fund-raising for us, but serve possibly the best 'burgers on the Island! We finished in Woss with an amazing supper and social at the Community Centre.





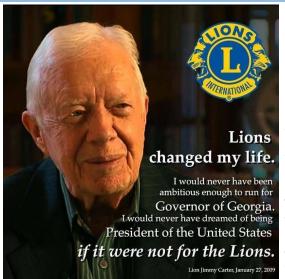
Fundraising Dance February 4

It was an evening of Jazz with the "Best Coast Big Band"



Thank You for Supporting the Cause! "In This Together" is the Wounded Warrior Canada slogan!

Lion Michael G Stanford FVDG District 19-I, District WWRBC Cabinet Chair https://woundedwarriors.ca/events/wounded-warrior-bc-run



Celebrity Lions include Sir Edmund Hillary (Remuera Club, New Zealand), Amelia Earhart (Honorary Member New York City Club), Jimmy Carter (Plains Club, Georgia), Gerald Ford (Grand Rapids, Michigan), Ronald Reagan (Dixon Noon, Illinois), Harry S Truman (Kansas City), Helen Keller (Honorary member), Patty Duke (played Helen Keller in the movie "The Miracle Worker"), Dr "Oz" (Peninsula Special Interest), Babe Ruth.

Sorry I wasn't able to find a list of Famous Canadian Celebrities.

Here's' a link to find out more about the History of Lionism in Canada. https://quebeclions.ca/canada100/index_htm_files/History-of-Lionism-in-Canada.pdf

February 18, 2023 Former US President Jimmy Carter entered Hospice Care. Our thoughts are with him and his family.

Nanaimo Hub City Lions

Our club is back in action with weekly meat draws, monthly bar tending, and bottle collections. The funds raised from out bottle collection will be going towards the Wounded Warriors when they come through Nanaimo on March 3rd. Our members will be joining the group at Branch #10 Legion at approx. 3pm.

Another new and exciting project we have started is working with Risebridge Nanaimo to help with essential items, we have teamed up with a local grocery store and look forward to this pilot project. www.facebook.com/RISEBRIDGE/

Other news is our members will be getting some new shirts with help from a local embroidery company in Nanaimo. Be on the look out for our new club brochure. We had pizza night on Feb 28th with our District Governor Lia Versaevel.

Claire Clark, President



"WHAT IS THE DIFFERENCE BETWEEN THE GAT AND THE GMA?"

The GAT, or Global Action Team, is a leadership team at all levels of Lions from the club level to the LCI level. At the district level it is headed by the District Governor as the GAT Chairperson and includes the Leadership Team (GLT), Service Team (GST), the Extension Team (GET) and the Membership Team (GMT). A Complete explanation can be found on the LCI Website

at www.lionsclubs.org/en/resources-for-members/resource-center/global-action-team-roles-resources

The GMA, or Global Membership Approach, on the other hand is a process, implemented by the GAT team to grow Lions membership globally by rejuvenating districts with new clubs, revitalizing clubs with new members and re-motivating existing members with fellowship and exciting service. You can learn more about the GMA at the LCI Website at www.lionsclubs.org/en/resources-for-members/resource-center/global-membership-approach

GAT is a **FRAMEWORK** for leadership while GMA is a **PROCESS**.







PDG Georgia Medwedrich, MD19-I Diabetes Chair gdalmaine@gmail.com

Preventing Diabetes

Hello all,

We are down to the last seven weeks of our District Fitness Challenge. Wow, I can't believe the steps that have been coming in. So far since September 12th there have been a total of 129,289.930 steps sent in to me from the thirteen clubs that are participating. Although, I cannot reveal the winner, I can tell you that the top three clubs keep bouncing back and forth from 1st to 2nd to 3rd and back it's a close race. Keep up the good work, and it's not too late to sign someone else up in your club to add to your steps, come on give it a push, let's see what you can do.

All clubs continue to work hard but of course it's all about getting out there and getting some exercise. I started this to bring awareness to Lions that activity is needed to help improve your bodies sensitivity to insulin and help manage your blood sugar levels. This is why it is rec-

ommended that you do 10,000 steps per day. In the fitness challenge 70,000 per week is a goal to work toward.

PDG Georgia D. Medwedrich MD 19-I District **Diabetes Chair**



Celebrating Women and Innovation in Diabetes Research - March 22, 2023

Please join us for our upcoming virtual event celebrating women and cutting edge diabetes research.

> Wednesday, March 22, 2023 12:00 - 1:00 pm PST

Additional event details and the registration link are provided in the invitation attached. Please feel free to share this invitation with Lions Club members who may be interested.

https://diabetes.zoom.us/webinar/ register/WN_QD-icbdfSKW8f0_qpeJ1Eg

LCIF Grants

Visit their site for more information.

https://www.lionsclubs.org/en/start-our-global-causes/diabetes

HUMOUT 60 or being over 70 and heading

Perks of reaching 70 and heading towards 80!

- 1. Kidnappers are not very interested in you.
- 2 In a hostage situation you are likely to be released first.
- 3. No one expects you to run--anywhere.
- 4. People call at 8 PM and ask, "Did I wake you?"
- 5. People no longer view you as a hypochondriac.
- 6. There is nothing left to learn the hard way.
- 7. Things you buy now won't wear out.
- 8. You can eat supper at 5 PM .
- 9. You can live without sex but not your glasses.
- 10. Your supply of brain cells is finally down to manageable size,
- 12. And you notice these are all in Big Print for your convenience.

From Ken Beattie, Willow Point Lions

LCIF Dog Guides Auction

LCIF Online Auction ran from February 6th-24th with lots of great items to bid on!

Visit www.32auctions.com/ organizations/89082/auctions/138289? **r=1&t=all** to see the auction items.





The Lions Foundation of Canada relies on donations from individuals, service clubs, organizations and corporations and does not receive any government funding. To this end, we endeavour to help with the costs of training guide dogs through various donations streams. Hugh efforts are required for the new Oakville facility to be realized.

To date, I'd like to acknowledge the Duncan Lions Club for their \$5000 donation. Gabriola Island Lions Club will be making their annual donation of \$1000. I'd like all clubs if they can, make a donation as to their means.

- *Danielle Rosenblum from the LFCDG hdqters hosted a zoom webinar, January 25 2023. Twenty-five attended and one fundraising idea struck a chord with me. You'll hear more about the Green Caps Lions Club's calendars.
- *At the Spring Convention in Duncan to be held in April 14-16, I'll be promoting Dog Guides. Hope you'll all come by and say "Hi".
- * On May 28th, our Gabriola Island Lions Club hosts our annual Pet Valu Dog Walk. Donation monies go towards the LFCDGs.
- * My goal is to continue promoting Dog Guides activities throughout our District, giving short talks to clubs who will fit me into their agendas.
- * Posting our friends and their owners on Facebook has garnered warm responses from the social media public and will get the word out about Dog Guides LFCDG.

Lion Carol Martin, Secretary, Gabriola Island Lions Club, District 19-I Dog Guides Chair

Email: carolmartin@telus.net Phone: 250-668-2297







My first meeting with the Lions MD19 Cabinet. District Chairs dedicated to Lions Clubs International gave detailed reports on their important program & governance responsibilities. Totally in my element, I spoke of the Dog Guides Lions Foundation of Canada Dog Guides promoting the tremendous work they do.

The Difference Campaign

Lions you can now make a donation to The Difference Campaign on line by following this link

https://www.dogguides.com/the-difference-donation

From the Foundation - Dear Lions,

We are excited to share with you that \$7.2 million has now been raised in support of The Difference campaign! Of this, \$1.6 million of the \$4.5 million Lions' goal has been pledged from clubs across Canada and donations are arriving every week. Thank you to the Lions clubs and members who have stepped forward to make a difference believing in the importance and the future of Lions Foundation of Canada Dog Guides.

In addition to your club's regular giving, we hope your club will consider a special campaign gift that can be paid over 5 years. All donations of \$5,000 or more will be listed on a permanent donor wall and your club may name one of the various parts of the training school starting with a donation of \$10,000 or more. There are two exciting recognition opportunities within Lions Foundation of Canada Dog Guides' new training facility for your club to consider.

Name A Kennel

Your club could be one of 128 donors to help build the Dog Guide kennels, a key to serving more Canadians with a disability. A gift or pledge of \$10,000, will name a kennel and 12 have already been reserved by Lions!

Name A Guest Room

Your club could be one of 31 donors to help build the residential wing. A gift or pledge of \$25,000, will name one of 31 guest rooms. Donors have already reserved seven rooms!

Camp Shawnigan Improvement Committee

On behalf of the Lions Camp Shawnigan Improvement Committee, I wish to provide you with an update on the status and activities of the cap and the Camp Improvement Committee.

Because the chairman of the committee had resigned, the committee met on January 12, 2023 to elect the committee officers and to confirm the committee membership. At that meeting the following officers were elected and the committee members were confirmed:

Interim Chair: Larrie Taylor - Nanaimo Lions

Secretary/Treasurer: Paul McTavish - Sooke Lions

Committee Members:

- Joan Adam - Central Saanich Lions

- Bob Halliday - Sooke Lions

- Leo Moreau - Duncan Lions

- Tom Worth - Malahat Lions

- Ken Burkowski - Central Saanich Lions

- Steve Lawrence - Sooke Lions

- Suzanne Murray-Aronson - Malahat Lions

The British Columbia Lions Society [BCLS] board representative is Rick Harker and the staff representative is James Gagnon. The caretaker is Robby Levin.

The Committee directed Chair Larrie Taylor to send letter to all the clubs on Vancouver Island in District 19I to advise them that Committee is up and running and to update the clubs about the camp.

The committee is committed to improving communications with the clubs on Vancouver Island and with BCLS. All communications from the committee are to be vetted by the committee members before being released or distributed to the clubs. To BCLS or to the community.

At a meeting with the BCLS on December 6, the BCLS had presented the following wish list of needs:

Wheelchair accessible harness: \$1,000.00, New climbing harness: \$800.00, New ropes and safety equipment: \$800.00. Ropes course inspection: \$1,500.00, Ropes training cost: \$2,000.00, Tie Dye: \$400/00, Button making materials: \$250.00, Popcorn machine: \$85.00, Camp camera: \$800.00, Camp laptop: \$1,000.00, Camp projector: \$300.00. Camp TV:

\$250.00,Camp couches: \$200.00

The committee voted to spend up to \$10,000.00 to purchase the items on this list.

The committee undertook the following tasks:

Assemble new beds for dorm building

Repair and replace fencing where broken or missing

Repair ramp to Snoezelen room

Repair arts and crafts deck - repaint deck and railing

Sand and repaint railing for dock ramp

Assist with dock repair

Assist with pool clean and start up in Spring Plus, more as we find out more information

If any of your members wish to help with these projects please contact Lion Tom Worth [tbworth@shaw.ca], Lion Paul McTavish [campshawnigansec@outlook.com] or me [larrie@shaw.ca].

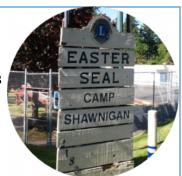
We have been advised that work is being done to the septic system so the camp can operate this summer. The work is part of the required upgrade to accommodate the future redevelopment of the camp.

With the Camp being operational this summer, I encourage all clubs to support it in any way they can: such as volunteering, donating to the Camp Improvement Funds, and sponsoring camperships. The camp has been and will be a special experience for many children. We need to ensure it has a strong future.

Club donations should clearly indicate if the donation is intended for Campership for Camp Shawnigan or for Camp Shawnigan Camp Improvements.

Yours in Lionism

Lion Larrie Taylor, Interim Chair of the Camp Shawnigan Improvement Committee



Sooke Harbourside Lions

by Deb Schenk

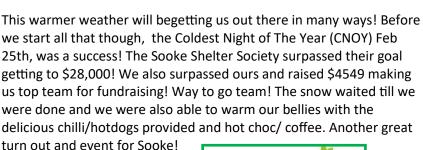
Spring is in the air...even though snow is on the ground! A perfect example of slumbering out of Winter and awakening to more growth! That growth may be in your club; I know we are happy to have added 3 members last month and we have 4 more potential to come!

The growth may also come in the way of gardening, and having a fundraiser with planters as we are doing in April. The deadline is April 8th for orders so be sure to check out our facebook page! April is also environmental month and we are happy to be bringing back Shoreline

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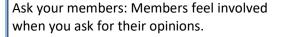
Cleanup at the end of the month to help keep our shores clean in Sooke. Before we head to the shores though, we must also help out more directly in the community with bringing

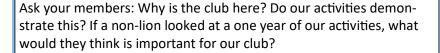
awareness, money and food for the Sooke Food Bank.



Global Action Team (GAT) Membership

Here are a few tips that will help you get started in defining member satisfaction in your club.





Consider devoting time during a club meeting or holding a special meeting to talk about members satisfaction. Carefully consider whether your club's objectives, goals reflect what your current members want your club to be.

I'm a
Lion

GMT CHAIR ZC Betty Anne Herbert

lionba@shaw.ca





Port Alice Lions

Had an Open House Feb 21st. They are looking for people who want something to do in their spare time? Or want to know a bit more about Lionism and what the Lion's Club does? To see how they can make a difference to those in need for a variety of reasons and how you can help brighten the lives of those who live in our village.

They host the Fireworks display at Halloween, Christmas carolling truck, Christmas hampers, Easter Egg hunt, bursaries. Hear about there past projects around the Village including building the Angus Dawson Memorial ballfield, the Helipad at the hospital, expansion of the Community Centre etc. and ask people to bring their ideas for future projects they'd like to see.

Comox Valley Lions



Past President Shelley thanked DG Lia and presented her with a gift from the club. For her visit to our Club Tuesday February 21st.

Zoomer visiting the Comox Valley Lions Park





Comox Valley Lions are holding the Community Volunteer Income Tax Program (CVITP) again this year. This is a free income tax filing service for low -income individuals and house-holds in the Comox Valley.

The program serves seniors, students, newcomers, women, men, persons with disabilities and social assistance recipients.



Our next BINGO Fridays at the Lions Den, 1729 Rear, Comox Ave., Comox. Drop by for a fun evening of 28 games of BINGO. Doors open at 4pm card sales at 5pm and first game at 6:30pm

Let's make it a Goal Date for District 19-I April 29, 2023!!! A goal without a plan is a wish!! Plan! Action!! Celebrate!!!



Recruiting new members is key to sustaining your club's longevity and ensuring a lasting impact in your community. The club membership chairperson, plays a crucial role in leading your club's recruitment efforts, but they can't do it alone. That's why it's so important to build a culture of recruitment and motivate your fellow Lions to take part in recruiting new members.

Encourage everyone to Just Ask: Lions know the value of teamwork better than anyone. We know the amazing things we can do when we're working together toward a common goal, like membership growth. So make sure all members know how important they are to your recruiting efforts. And if they're looking for a great place to start, share the *Just Ask!* recruitment guide with them.

Lions Worldwide Induction Day is a unique opportunity to celebrate our global membership and create a meaningful experience for new members. New members inducted on this day join thousands of likeminded individuals with a passion for service who are stepping into their roles as Lions - together. Start planning your special Worldwide Induction Day ceremony: https://bit.ly/3179hTE

World Wide Induction Day - www.lionsclubs.org/en/worldwide-induction-day Just Ask Guide - https://temp.lionsclubs.org/EN/pdfs/me302.pdf



Please support the Lions Quest District Challenge ~ Q Bear Club Membership for \$100.00.

https://lionsquestcanada.online/Registration-Forum

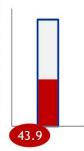


Frequently Asked Questions

We were recently contacted by a Lion who had a few questions about Lions Quest, and I'm sure he wasn't alone. So we have created a new document just for Lions/Leos that provides the answers to some common questions - check it out along with other resources on our website: https://www.lionsquest.ca/pages/resources-for-lions

We have raised almost 44% of our goal with just over 9% of clubs contributing. Think of the impact

we can have on young 140,000 people if we have more clubs in Canada investing in our work. 160,000 140



Sponsored by: District 19I Lions



Date:

Wednesday, March 1, 2023 7:00 p.m. – 8:30 p.m. PST or Sunday, March 5, 2023 1:00 p.m. – 2:30 p.m. PST

Location:

Online - via Zoom

Who Should Attend?

People who care about our children, their future, and the well-being of our community.

Click here to register:

https://lionsquestcanada.online/Regist ration-Forum

For more information:

Contact: Lion Betsy Banford Phone: 250-714-4939 Email: gabelionbetsy@gmail.com

Space is limited to 20 people – register early to avoid disappointment! Positive Practical Powerful

Do Your Part! It Takes a Village - You are a Villager!

A Community Forum in support of the Mental Well-being of our Children & Youth



Are you passionate about creating a caring "village" for children 8 youth in our community?

Join us for this interactive conversation that will educate and energize a small group in our community to rally for change.

Workshop Agenda & Highlights

- Explore why our relationships with young people are so important
- Identify Social Emotional Learning competencies (Self-Awareness, Self-Management, Social Awareness, Relationship Skills, Responsible Decision Making)
- . Learn how our simple actions can have an impact every day
 - Commit to making a difference



VDG Michael G Stanford District 19-I Lions Quest Chair Victoria Lions Club lionmichaelvdg19i@icloud.com



Want to know what Virtual events (training etc) are coming up? Visit:

www.lionsclubs.org/en/virtual-events-center

You can also suggest a topic:

www.surveymonkey.com/r/suggest-a-webinar-topic

Photo of the Month

By Bob Orchard







LIONS INTERNATIONAL CONTEST



International Peace Poster Contest

2022 - 2023

For over three decades, Lions clubs around the globe have been sponsoring a very special art contest in schools and youth groups. Creating peace posters gives children everywhere the chance to express their visions of peace and inspire the world through art and creativity.

Dare To Dream

To a young person, a dream isn't just a wish, hope or desire — it's a path, a goal, an ambition. But achieving that dream takes hard work. So this year, we're asking young people to show how they'll turn their dream of a peaceful world into reality.

Peace Poster Contest Deadlines

Students ages 11, 12 or 13 as of November 15 are eligible to participate in the International Peace Poster Contest. Entries not meeting the following deadlines will be disqualified.

January 15: Kits go on sale from the Club Supplies Sales Department at International Headquarters.

October 1: Deadline to purchase kits from the Club Supplies Sales Department at International Headquarters.

November 15: Postmark deadline for a club to send one winning poster (per contest sponsored) to the district governor.

December 1: Postmark deadline for a district governor to send one winning district poster to multiple district council chairperson.

December 1: Postmark deadline for a district governor not belonging to a multiple district to send one winning poster to the Brand & Creative Department at International Headquarters.

December 1: Postmark deadline for a club not belonging to a district to send one winning entry to the Brand & Creative Department at International Headquarters.

December 15: Postmark deadline for the multiple district council chairperson to send one winning poster to the Brand & Creative Department at International Headquarters.

February 1: International winners notified on or before this date.



Mill Bay Lions

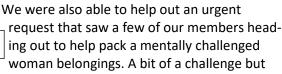
by Earl Gregory

This past month we were able to help out a couple of great causes, the Clements Center for families and Broken Promises.



Lion Shelly - Broken Promises

We also did a bit of a new member recruitment by setting up a table for the Shawnigan Lake Communities volunteer fair. A few applications were taken away. Fingers crossed that they will get back to us.



we overcame.

The Mill Bay Lions also have been given an almost new electric Wheel Chair that we have been asked to give to someone in need and can't afford the price to purchase. If any clubs within our Zone finds someone that fits this criteria, please give us a call.



Lion Darrel - Clements Center





Lion Sylvia/Dean - Volunteer Fair

Esquimalt Lions

What a great team for Family Day 2023!

New Pancake flipper in training; expert popcorn maker and loud cheers for the ladies in the kitchen!! Over 350 served in our community! Township of Esquimalt Esquimalt Parks and Recreation





We were up early helping to serve 150 at the Craigflower Elementary School Family Breakfast! What a fabulous morning! Thank you for inviting us! See you next month!



Watch this video to see what CLERC volunteers do.

https://calgary.ctvnews.ca/lions-club-volunteers-making-clear-difference-around-the-world-through-eyeglasses-program-1.6275552

Lions Clubs International and Special Olympics

Thank you for raising \$625,000 across Canada to support Special Olympics athletes and programs!





The 2023 Special Olympics Donut is a chocolate cake ring donut with white fondant, sprinkles, and whipped topping. 100 per cent of proceeds from sales will support Special Olympics across Canada. Tim Hortons brought back their **Special Olympics Donut**, the treat that changes lives and builds inclusion, from February 3 to 5, 2023!



One hundred per cent of the proceeds from sales of the donut support more than 41,000 Special Olympics athletes with intellectual disabilities across Canada, including 55 communities throughout B.C.

By purchasing a donut (or multiple donuts!), supporters helped spread our message of inclusion and build more caring and compassionate communities across Canada!

Find out what your club can do to support Special Olympics https://www.lionsclubs.org/en/resources-for-members/resource-center/lions-and-specialolympics



WOW! Victoria is coming home with 6 medals from the @specialolympicsbc Provincial Winter Games in Kamloops! This year, Victoria sent athletes to the Floor Hockey and Speed Skating events. Our Floor Hockey Team came home with a bronze medal and Sarah Maxwell brought home one gold, 2 silver, and 2 bronze medals in Speed Skating!



Lions Village in Turkey

When a powerful earthquake hit Turkey and Syria on Feb. 5, homes crumbled to the ground, hundreds of other buildings collapsed, thousands of lives were lost, with numbers increasing each day, tens of thousands of people were displaced, and communities were changed forever.



THE RECENT 7.8
MAGNITUDE
EARTHQUAKE THAT
STRUCK TURKEY
AND SYRIA WAS
NATURE AT ITS MOST
DEVASTATING.
So many people need
your urgent help.

LIGHSCLUBS.ORG/IDONATE

When natural disasters strike, Lions are among the first to answer.

Within 3 days Lions Clubs International Foundation (LCIF) quickly responded to empower their service by awarding a \$200,000 Major Catastrophe Grant (the largest one-time grant in history) to Lions in Turkey. Grant funds will enable Lions to provide immediate, short- and long-term relief to victims of one of the largest earthquakes to hit the region in more than 100 years.

"The devastation that this earthquake and the subsequent aftershocks brought is heartbreaking, and those

affected by this disaster will need support in recovering and rebuilding for many days, weeks, months, and even years ahead," said LCIF Chairperson Douglas X. Alexander.



Watch video from PIP Douglas Alexander about Lions response to the earthquake in Turkey and Syria. www.facebook.com/reel/6026205124089732/?s=single_unit

Sequim Valley Lions

by George Dooley

I shouldn't have joked about SuperPowers, when that weird spider bit me. Sure, I've read too many comic books, but I'm sane and reasonable adult. Surely, Its just my imagination that I can be a Super Lion.

Look up in the sky, it's a bird, it's a plane no it's Super Lion.

Faster than a speeding bullet, more powerful than a Locomotive, able to leap buildings at a single bound.



WE'RE HERE IF YOU NEED US

Yes, its Super Lion part of an international organization whose powers are far beyond mortal man.

Super Lion who can change the world by empowering volunteers to serve their communities, meet humanitarian needs, encourage peace and promote international understanding.

Disguised as ordinary Citizens Super Lions fight a Neverending battle for Liberty, Intelligence and our Nations Safety.

Leadership is Service



May 4-7, 2023

Ross Point Conference Center Post Falls, Idaho

www.nwlli.org



"Leadership training at its best."

Service is Leadership

Are you ready to take the next step to build your leadership skills?

When: May 4-7, 2023

Where: Ross Point Conference Center

820 S Ross Point Road Post Falls, ID 83854

Cost: \$350 (deposit \$150 US/CAN at par)

Applicants from Clubs in MD 19 can apply for a special fee waiver, which can reduce the cost of the Institute by \$200. See web site for details.

Save the

Date!

The cost covers:

- 3 nights lodging
- 8 meals
- All training materials

The application process includes several steps which must be complete and submitted by April 1, 2023.

For more information, visit our website:

www.nwlli.org

Or contact:

Dave Risley registrar@nwlli.org 360-930-2751

Sidney Lions



Happy Valentine's Day from the Sidney Lions Club!

We celebrated today with our program, Cardiac Health Care Services at Sidney Health Center with Lisa & Lori. Thank you ladies for spending time with us to share the knowledge!!



Baynes Sound Lions

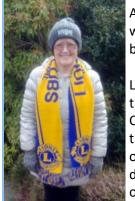


DG Lia and Zoomer visit our club.



Comox Valley Monarch

by Cec Specht



At our February 6th meeting PDG Cec presented PDG Ron Webber with his "55" year Service Chevron. PDG Ron has been an active member at the Club and District level for all of those 55 years.

Lion Cathy organized the Comox Valley Monarch Lions Club's team for

the Coldest Night of the Year Walk in the Comox Valley (the only lions Club walking in the Comox Valley). Unfortunately, because of the Snow forecast the team members decided to do their walks individually but our team managed to raise \$675 in pledges, not bad for a first try. Lion Cec







it's cold out there feb. 25, 2023 #cnoy23

Environment Committee

by Nancy Messmer





Lions around the globe celebrate Earth Day with Service.

Plan an Environment project in your community. Take pictures & movies. Share with local media and with Lions on Facebook (Lions of MD 19).

Clean highways and roadways Create gardens in schools Plant sensory gardens Conduct civic cleanups Clean waterways and beaches Metal collection/recycling Recycle paper and more

Trail Maintenance-Cleanup Recycle glasses and hearing aids Run Rummage Sales/Thrift Stores Run camps for kids Recycle Books. Read to kids Install rain gardens

Grow gardens. Distribute food

Recycle Durable Medical Equipment Stream/watershed restoration Create and maintain parks Adopt -A-Beach. Adopt-A-Stream Restore civic monuments/buildings Host "First Walks" on New Year's Day

LIONESS & LEOS & LIONS AT WORK Priest River, Idaho









Gabriola Island

by Carol Martin

Here's some photos from pot luck & dinner meeting. The food was amazing. The chatter, equally so. Our DG Lia and Zoomer being the star of the evening. Thank you DG Lia for attending our meeting and enjoying our most wonderful Lions Club here on Gabriola.



If you'd like to find out more about Dog Guides (you know I'm so loving this!),

please have a look at their site: Lions Foundation of Canada for Dog Guides

https://www.dogguides.com/

As mentioned by Lion Jude (read by myself) the cost of raising a dog guide from birth, to training, to a service dog has increased to \$35,000 per dog. They are a lifeline for many and provide a

service particular to the needs of the person.



Protection Island Lions

Jane Watson presented her talk, "Sea Otters and Coastal Ecosystems; The return of a



forgotten predator" on Sunday, Feb. 26. It is part of the Protection Island Lions Club's Speaker Series. People attended at Beacon House or on Zoom.





Ladysmith Lions

By Allen McDermid

On February our club had the pleasure of 19-I ZC Margaret Wall speak at our general meeting. Our members appreciate all the Margaret has done for our Zone during her term. Thank

you, Margaret.

The Ladysmith Lions club welcome new Lion member Brian Chapman seen here receiving his

certificate from 19-I ZC Margaret Wall, PDG Bill Koski, and President Eric Mah. Conrats Lion Brian.



The Ladysmith Lions President Eric Mah has confirmed our delivery of wrapped chocolate covered Easter Eggs with the Easter Bunny. Our famous Annual Easter Egg Hunt returns and will take place at Ladysmith's Transfer Beach on Saturday April 8th, for children up to the age of 8. YEAH!



Our Lions members were on hand at LaFF on Feb. 15th to make mini pizzas for all attending LaFF's Healthy Start to Learning public event. It was a well attended and we our proud to support LaFF and their tremendous work in our community.



The Ladysmith Lion members are preparing for a busy spring and summer with our Snack Shack. It all starts off on Saturday May 7th with the VI Corvette Club's Glass on the Grass Corvette show at Transfer Beach. Mark it on your calendar and check it out.

ictoria Chinatown Lioness Lions

By Amanda Mills

Year of the Rabbit!

Our annual Chinese New Year Fundraising dinner was on Saturday, January 28, 2023 at Golden City. We were SOLD OUT a month in advance, with a waiting list! Thank you to all who came!

We had a 9 course traditional New Year banquet, Raffle prizes of fantastic baskets of varied themes, stuffed with goodies; and exciting Live Auction items. Our guest MC, Tony Joe did a fabulous job at encouraging the guests to spend

money and help us fundraise.



The Lion Dancers opened the evening with Lions and drums!





Our members are involved on several not for profit board of directors; volunteer at Government House Museum, Soap for Hope, school breakfasts, culinary events, church community programmes, Canada Dry Victoria Dragon Boat Festival, Herowork projects and many other activities.

Our next big project is the Mother's Day Boxes or Gratitude Boxes. We collect dental hygiene products from a member's dentist and Soap for Hope donate all cosmetic/bath/shampoos/make-up products, which we stuff into Chinese take out boxes. Over 100 boxes get distributed to 3 inner city schools for distribution to single parent households on Mother's Day.

From Lily Yee

It's never to early to order chocolate! Help my Club fundraise 25% on each order!

Purdys Chocolatier is a BC family owned business that offers premium chocolates made with 100% sustainable cocoa, and will donate 25% of sales to help us help our local communities! It's that easy! The selected Easter catalogue includes 'no sugar added' products. They make great gifts for family, friends and businesses.

Let's support the community while enjoying some delicious chocolates, it only takes a couple minutes!

Click on our website www.victoriachinatownlionesslionsclub.ca which brings you straight to our fundraising page.

Please order early as these items tend to sell out quickly.

Order deadline: March 25, 2023 Orders arrive by: April 6, 2023



Sooke District Lioness Lions

by Ailsa Wright

Sooke District Lioness Lions ·



HAPPY VALENTINES Feeling blessed to have been a part of and able to serve our community at such an incredible event today! Sooke Philharmonic Orchestra annual 'Tea & Symphony! This event has become a much anticipated oc-



casion and this year certainly exceeded all expectations the performance was simply outstanding. Congratulations to all SDLLions you outdid yourselves ladies the spread was amazing. Now hopefully you will will be able to go home, put your feet up and your 'Valentine' will bring you a well deserved cuppa' tea!

Well the Coldest Night Of The Year Event tried to live up to its name but failed miserably as an incredible amount of

walkers turned up in spite of the threat of 'Snowmagedon'!!! A wonderful Community turnout to raise funds for the Sooke Shelter Society. The goal was \$25,000 and that was easily surpassed with almost \$28,000 before the night was out With your support we raised over \$2,000 and the team with the most donations was Sooke Harbourside Lions Club our sister Lions Club raising \$4549.00!!! Incredible ladies!! We look forward to seeing you all next year Thank You Sooke you are such a caring community!





Lions Serving Lions





Please Register & Donate to support our Lions Clubs International Foundation at Tell-A-Thon 3.0

Tell-A-Thon 3.0 is coming! Reserve your seat for the most inspiring, entertaining, and uplifting show in all of Lionism.

Register now: https://www.Tellathon.org

Watch this cute video of IP Brian and 1stVP Patti: https://www.facebook.com/LionsVirtual/videos/585379506690443

FaceBook page: https://www.facebook.com/LionsVirtual/

The show will take place on June 4th, 2023 at 10 AM CDT! Hosted by Lions Clubs International 1st Vice President Dr. Patti Hill, the show will feature dynamic stories of service from all around the world, it will have incredible musical

performances, and there will be amazing surprise celebrity guest appearances.

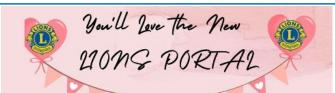
This is a show and experience that should be shared with everyone you know! Help raise awareness about how Lions Clubs International Foundation empowers service globally and impacts the lives of millions through grants and humanitarian aid.

Invite your friends, family, and coworkers to watch the Tell-A-Thon.

Plan a watch party, host a community viewing! Together we can share out story.

#LionsClubsInternational





But, we have some important dates & club actions first - 6/15/23 is the date to remember!

7/15/23-7/24/23: Target Conversion Date

Before 6/15/23: Enter all club officers for 2023-2024

Before 6/15/23: Enter service activity for events prior to 6/1/23. Reporting for 6/1/23 going forward will be in the new system after conversion

Before 6/15/23: Record any club or donations to LCIF are in the bank with the appropriate supporting documentation for recognition.

Before 6/15/23: Make sure club data is accurate for this year (2022-2023). For Example, new members, sponsors, new clubs formed, transfers and other end of year activities specific to clubs are correct and recorded in MyLion/MyLCI

- Make sure every member has an email listed and no shared emails can be used in the new LIONS PORTAL.
- Make sure member birthdays are entered since birth dates in MyLCI will be converted - even the old conversion 1/1/1900 date! Hint: in MyLCI under reports run "Member Information Update Report" and have your members update their info!
- Training is slated to begin in late April 2023 Stay tuned!



Lion Portal - LCI is updating the digital tools you use as a Lion. To put it simply, we're taking the functionality you have today with MyLion, MyLCI, Insights and other tools and combining them — the Lion Portal.

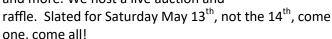
Not too much will change. On the landing page you would see if you are an officer of a club. If you also hold a leadership position, you would see another "tile" with my leadership that would take you to your District, Zone, GAT, LCIF position data that you are authorized within privacy laws to see.

www.lionsclubs.org/en/resources-for-members/digitalproducts/portal-updates

Galiano Lions Club

by Barry New

We are looking forward to getting on track for our major annual events after the Covid setbacks. This year we are planning our annual Seafood Dinner fundraiser May 14th. A Seafood Feast with locally caught Cod, Salmon, Crabs, Prawns and more. We host a live auction and

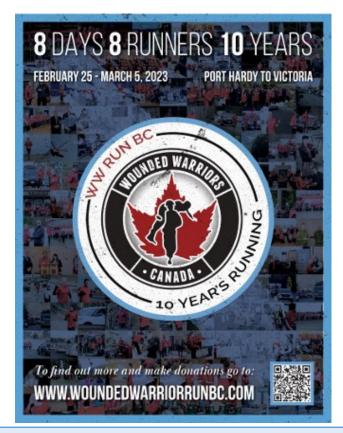


Later in August will be the Fiesta. It is an all island event with live music, a field of vendors, kids games, lots of food and a Parade!



Lately we are still recovering from a major refurbishment of our Lions Hall after the flood damage of 2021. We are spurred on to re-organize our store rooms, Bar Room, and storage shed almost finished. There is still an ongo-

ing task to upgrade our parking area and field improvements with our new well. Some of it was grant aided plus some donations of material and labour. When will it end?



Nanaimo Lions

by Larrie Taylor

Club.

Nanaimo Lions Free Skate - Canadian Parents for French Nanaimo-Ladysmith and the Nanaimo Lions Club partner on a free skate during French Immersion Week! Everyone was welcome to join us on Sunday, Feb. 12 from 12-1:30 pm at the Frank Crane Arena. People listened to French music while they are skated and spoke in French if they wanted! People came to celebrate French culture in Nanaimo. 281 skaters enjoyed the skate. Thanks to the BC Ministry of Education and Child Care, Canadian Parents for French BC & Yukon Branch, and the Nanaimo Lions

District Governor Lia's visit - DG Lia and Zoomer visited us at our Feb 6th Club Meeting.







DG Lia presenting Kris,
daughter of Lion Warren Rongve with his Melvin
Jones Fellowship. And New lion Jonathan Elliot with
DG Lia and his sponsor Larrie Taylor

In February we, along with members of the Hub City Lions and Gabriola Lions completed the Vision Screening of the Grade 4 and 7 students in last 10 schools in our portion of SD 68. To complete these schools we had 24 shifts, 16 by Nanaimo Lions, 7 by Hub City Lions and 1 by Gabriola Lions for a total of 46 hours. We Screened 482 students of which 47 were referred to a complete eye exam by professionals. In total we completed 28 schools in this Lionistic year.

The club made the following donations in February:

- 1. \$185.00 towards the cost of a bed lift for elderly lady.
- 2. \$250.00 to an elderly female client requires eye exam and glasses
- 3. \$500.00 to Diamonds Fast pitch girls baseball team.
- 4. \$1000.00 to Wounded Warriors.
- 5, \$500.00 to Take A Hike group.

March 3rd is the 45th Annual Lions Day at the United Nations

To register: https://web.cvent.com/event/9b3614c9-bc73-4910-8bff-1b0bd9de3e3f/summary



Phrase Origins

Submitted by Ken Beattie, Willow Point Lions



OVER A BARREL - In the days before CPR, a drowning victim would be placed face down over a barrel and the barrel would be rolled back and forth in an effort to empty the lungs of water. It was rarely effective. If you are over a barrel, you are in deep trouble.

BARGE IN - Heavy freight was moved along the Mississippi in large barges pushed by steamboats. These were hard to control and would sometimes swing into piers or other boats. People would say they "barged in".

HOGWASH - Steamboats carried both people and animals. Since pigs smelled so bad they would be washed before being put on board. The mud and other filth that was washed off were considered useless "hog wash".

CURFEW - The word "curfew" comes from the French phrase "couvre-feu", which means "cover the fire". It was used to describe the time of blowing out all lamps and candles. It was later adopted into Middle English as "curfeu" which later became the modern "curfew". In the early American colonies homes had no real fireplaces so a fire was built in the center of the room. In order to make sure a fire did not get out of control during the night it was required that, by an agreed upon time, all fires would be covered with a clay pot called-a "curfew".

BARRELS OF OIL - When the first oil wells were drilled, there was no provision for storing the liquid so they used water barrels. That is why, to this day, we speak of barrels of oil rather than gallons.



'A SHOT OF WHISKEY' - In the old west a .45 cartridge for a six-gun cost 12 cents, so did a glass of whiskey. If a cowhand was low on cash, he would often give the bartender a cartridge in exchange for a drink. This became known as a "shot" of whiskey



Nanoose Bay Lions

by Pam Tremblett

We assisted the Parksville Lions, Feb 1, with 'Spot Scanning' at Nanoose Elementary School.

On Saturday, Feb. 4, 2023 nine Nanoose Bay Lions members attended Canadian Red Cross Emergency First Aid & CPR/AED level C training. This is an excellent in-person course.

On Feb. 9, 2023 District Governor Lia Versaevel and Zone 19-Chair Betty Anne Herbert attended our

meeting. DG Lia inducted our newest Lions member Jody Muth. Welcome Jody to our Lions Club!! This increases our membership to 15.

DG Lia brought along her Guide Dog (in training) Zoomer and she discussed the many initiatives Lions International is part of. Club President Bea Kolodziej presented a donation of \$100.00 to DG Lia in support

of Lions Foundation of Canada Dog Guides.

Feb. 15, 2023 was Canada Flag Day. Lions Barb & Phil Wilson,
Judith Lapadat, Rodgen Nissen, Bob Neale, and Pam Tremblett were at Nanoose Elementary
School to present flags and certificates to Grade One students. The students loved the event
and waved their flags proudly. Lion Rodger Nissen's grandson Ethan is a Grade One student at



DISTRICT GOVERNOR Lia's CLUB VISITATION SCHEDULE 2022 - 2023

APRIL 2023

14-16__ 19-I CAMPFIRE CONVENTION

22__ EARTH DAY

29 WORLD INDUCTION DAY

MAY 2023

7-9 NORTHWEST LIONS LEADERSHIP INSTITUTE

JUNE 2023

4_ LCIF TELL-A-THON

JULY 2023

7 – 11__INTERNATIONAL CONVENTION – BOSTON MASS

SEPTEMBER 2023

21 - 23_USA/CANADA LIONS LEADERSHIP FORUM

Lions Foundation of Canada Dog Guides

It's never too early to start thinking about the Pet Valu #WalkforDogGuides. We are currently in the process of preparing for the big event ahead. Buddy, our Walk mascot, is so excited to get out and stretch his legs. Let us know in the comments if you are planning to participate this year and where. If you would like to become a Walk organizer, please contact our events manager Andrea Stevens at astevens@dogguides.com for more details. Visit our website www.walkfordogguides.com to learn more about our biggest fundraising event. As soon as registration opens, you'll be the first to know!



March 2023

March 3 - Lions Day at UN New York City March 8 - Int'l Women Day

April 2023

Environmental Awareness Month Family & Friends Month

April 22 - Int'l Earth

April 29 - Lions Worldwide Induction Day

May 2023

Strengthen Membership Month

WORLD INDUCTION DAY PLANNING GUIDE

https://cdn2.webdamdb.com/ md_QeGjNIUqznE3.jpg.pdf?v=1



There has been some discussion that we might try for a date in the fall, but as of now I do not have any further details.

Regards,
Barb Corrin, Advisor
Canadian Young Lions Retreat
barbcorrin@gmail.com

CABINET & COMMITTEE CHAIRPERSONS:

BC Lions Society

PDG Robert Dalton - Port Alberni, BC (250) 724-0558 - roblion@telus.net

Camp Shawnigan Improvement Committee

Larrie Taylor - Parksville, BC (250) 927-1411 - larriet@shaw.ca

C.A.R.F.

PDG Jane Beddows - Sooke, BC (250) 642-3378 - (250) 744-0616 jbeds@telus.net

Conference Co-Chairs

PDG Brian Phillips Lion Joanne Phillips Sooke BC (250) 642-2408 lion.brian.phillips@telus.net joanne-phillips@telus.net

Contest & Awards

Vacant

Constitution & Bylaws

PCC Larrie Taylor - Parksville, BC (250) 954-3814 - (250) 927-1411 larriet@shaw.ca

Diabetes Awareness

PDG Georgia Medwedrich - Sooke, BC (250) 642-4969 - gdalmaine@gmail.com

Elections

IPDG Lorne Bunyan - Salt Spring Island, BC (250)-537-1647 / (250)-920-9059 pdglorne.bunyan@gmail.com

Environment

David Haynes - Nanoose BC (250) 468-9534 dhaynes922@gmail.com

Extension Canada

PDG Alan Guy - Mayne Island, BC (250) 539-9876 - af15tbs@shaw.ca

Extension USA

Vacant

GAT Facilitator

!st VDG Michael Stanford - Victoria, BC (250)-412-5260 - (250) 213-3714 lionmichaelvdg19i@icloud.com

GAT Leadership

Vacant

GAT Training Coordinator

PCC Al Beddows - Sooke BC (250) 516-5084 - abeds@telus.net

GAT Membership/NAMI Champion

PZC Betty Anne Herbert - Ladysmith, BC (250) 245-7977 - lionba@shaw.ca

GAT Public Relations/Newsletter

Lion Evelyn Smith - Nanaimo, BC (250) 802-8105 - esmithmd19i@gmail.com

GAT Service

Lion Allen McDermid, Ladysmith, BC (250) 245-3445 <u>Canuk11@love.ca</u>

Heads Up Guys

PCC Al Beddows - Sooke, BC (250) 642-3378 - (250) 516-5084 abeds@telus.net

Hearing & Speech

PZC Barb Wright - Victoria, BC (778) 966-2521 - barbwright68@gmail.com

Honorary Chairperson

PDG Robert Dalton - Port Alberni, BC (250) 724-0558 roblion@telus.net

Information Technology/Website

PDG Ron Metcalfe - Port Alberni, BC (778) 419-4565 - (250) 731-9742 ron2lion@shaw.ca

International Peace Poster Contest

Lion James Hoskins - Victoria, BC (250) 477-1435 - autohos@shaw.ca

LCIF Coordinator

IPDG Lorne Bunyan - Salt Spring Island, BC (250)-537-1647 / (250)-920-9059 pdglorne.bunyan@gmail.com

Lions Foundation of Canada (LFC)

PDG Cec Specht - Courtenay, BC (250) 338-0509 - (250) 702-0248 cec.specht@shaw.ca

Lions Quest

PZC Michael Stanford - Victoria, BC (250) 213-3714 lionmichaelvdg19i@icloud.com

Leadership

PZC Eleanor Bawden - Sooke, BC (250) 642-6763 - Cell: (250) 858-7427 epbawden@shaw.ca

Nominations

PDG Robert Dalton - Port Alberni, BC (250) 724-0558 - roblion@telus.net

Northwest Lions Foundation

PDG Mike Dukes - Sekiu, WA (360) 963-2287 - (360) 640-5404 dukesmk@centurylink.net

Parliamentarian

PCC Larrie Taylor - Parksville, BC (250) 954-3814 (250)927-1411 larriet@shaw.ca

Pediatric Cancer

Vacant

Spot Screener

Lion George Smith - Port Alberni, BC (250) 723-8557 - (250) 720-7556 pa_dweller@yahoo.com

Vision

PDG Marcel Deslauriers - Victoria, BC (250) 245-3445 - marceldesl1@gmail.com

Youth & Camp Exchange

PDG Lia Versaevel - Ladysmith BC (250) 606-1515 - versaevel.liamarie@gmail.com

~In loving memory ~

Lion Linda Toop, Willow Point Lions



We honor the memory of Linda Toop and her devotion to her friends, family and to the Lions Club. A Celebration of Life was held February 12th at the Lions Hall.

Lions were asked to proudly wear their Lions vest out of respect for Linda.



a Lion. Greetings fellow Lions.

I would love to hear from you if you have something you'd like to share with MD 19-I Lions.

It's very important that we **ROAR** and tell the world what we are doing. Jokes, stories, successes, challenges or anything you think might be of interest.

Evelyn Smith, D 19-I Newsletter Editor

Cell: 250-802-8105

Email: esmithmd19i@gmail.com

Please let me know if you find any errors or omissions. Yours in Lionism Evelyn