



Lions Clubs International
Lions District 19 - I
The Laughing Lion
Edition 7, January 2023



Lions 2022 was an unpredictable, but exciting year. We emerged from global shutdowns to cautionary forays out into the world of need again. We saw so many people seeking our help in the Global Initiatives, as well as in our local communities trying to rebuild. As always, Lions have stepped up!



2023 will bring us new challenges, with a warming planet, increasing acidification of our oceans, increased hunger with over 8 billion to feed, and risk of fires, floods and natural disasters. Do we pack our bags and hide at home???

No. We roll up our sleeves and get busy. Lions are always the first on the ground, helping, teaching, providing and caring. We do these things in so many different ways, and get so much joy out of our acts of kindness. We also benefit through the fellowship we create in our Clubs, and must always keep our Code of Ethics in mind as we do our Lions work. We are not seeking personal gain, destroying other people's relationships, or bringing negative attention to our Clubs. We are mindful of our financial resources, and conduct all of our business according to the Constitution and Bylaws of our great Organization.

As Governor, I mostly experience joy with you, but there are times when I am really dismayed by events that are brought to my attention. Please, Lions, help one another to set the bar high, adhere to a standard of performance that only makes more people want to join and help us. Petty grievances and questionable financial practices never help us move forward.

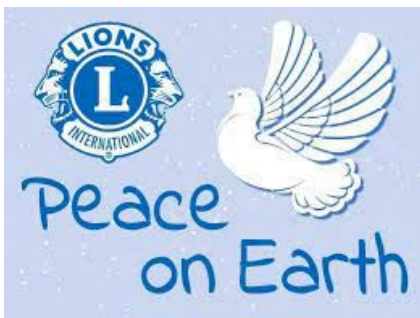
I hope 2023 will set the bar even higher, as we begin to merge with District A to become Lions 19 L.

Now is the time to find new officers for your Clubs, participate in the training events, choose new Zone Chairs, Cabinet officers and champions for our causes. Many positions can be tag teams, or co-chaired, and team work does make the dream work.

I wish each of you a healthy and happy 2023, and hope to see you in person soon.



Holiday Wishes from Lia Versaevel **DG 19-I and Zoomer (Partner in Service)**



Lions Club International - Our leaders 2022 - 2023



Brian Sheehan International President
 Douglas Alexander Imm. Past Intern'l President
 Dr. Patti Hill Intern'l 1st Vice President
 Fabrício Oliveira Intern'l 2nd Vice President
 A. P. Singh Intern'l 3rd Vice President

District 19 - I Cabinet



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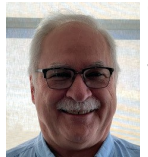
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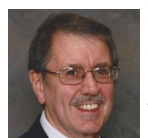
2nd Vice District Governor
Vacant—This could be you!!!



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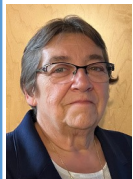
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Zone Chairs
ZONE 19 I-1 Chair
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 kevinborde.lions@gmail.com

Clubs

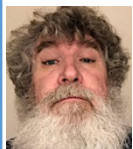
Clallam Bay-Sekiui Lions Forks Lions
 Crescent Bay Lions Port Angeles Lions
 Quilcene Lions Sequim Valley Lions



ZONE 19-I-2
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 Sooke, BC
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 jackielawrence@shaw.ca

Clubs

Esquimalt Lions Saanich Lions
 Sooke Victoria Lions West Shore Lions
 Sooke District Lioness Lions
 Sooke Harbourside Lions
 Victoria Chinatown Lioness Lions
 Victoria Chinatown Lions



ZONE 19-I-3
 Lion James Sikora
 Salt Spring Island, BC
 Res: (250) 931-7372
 Cell: (250) 626-7372
 james_sikora@hotmail.com

Clubs

Central Saanich Lions Galiano Island Lions
 Mayne Island Lions Pender Island Lions
 Salt Spring Island Lions Sidney Lions
 Saturna Island Lions



Zone Chairs cont'd



ZONE 19 I-4 Chair
 Margaret Wall
 Duncan, BC
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Clubs

C to Sea Lions Cedar Lions
 Cowichan Lake Lions Duncan Lions
 Ladysmith Lions Malahat Lions
 Mill Bay Lions



ZONE 19 I-5 Chair
Lynne Davidson
 Comox, BC
 Res: (250) 702-6078
 franklyn4741@gmail.com

Clubs

Baynes Sound Black Creek Lions
 Comox Valley Gold River Lions
 Qualicum Bay Lions Tahsis Lions
 Willow Point Lions
 Comox Valley Monarchs Lions



ZONE 19 I-6 Chair
 John Tidbury
 Port Hardy, BC
 (250) 902-7218/902-7218
 johntidbury@gmail.com

Clubs

Malcolm Island Lions Port Alice Lions
 Port Hardy Lions Port McNeill Lions



ZONE 19 I-7 Chair
 ZC Betty Anne Herbert
 Ladysmith, BC
 Phone: (250) 245-7977
 Email: lionba@shaw.ca

Clubs

Alberni Valley Lions Gabriola Island Lions
 Nanaimo Lions Nanaimo Hub City
 Nanoose Bay Lions Parksville Lions
 Parksville Lioness Lions
 Protection Island Lions

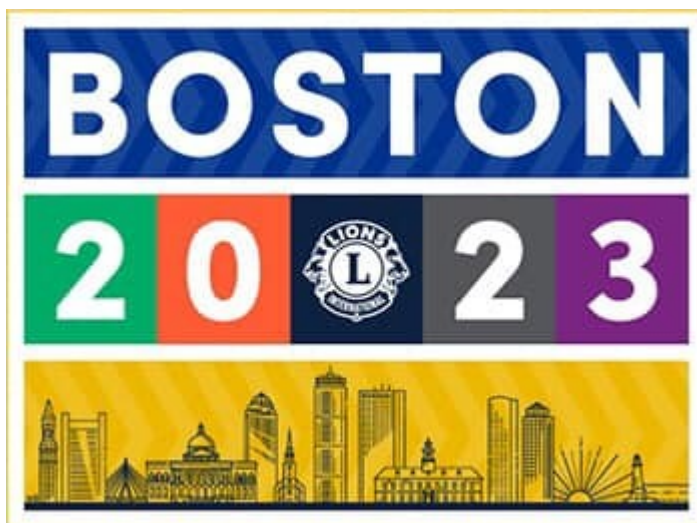
CELEBRATING THE BIRTHDAY OF THE FOUNDING FATHER OF LIONS CLUB INTERNATIONAL

MELVIN JONES

January 13th, 1879



“ You can't get very far
until you start doing
something for somebody else. ”



LCICon 2023 Boston

The Lions Clubs International Convention is happening July 7-11, 2023. Celebrate service with your fellow Lions and Leos in the city on the hill — historic Boston, Mass

Website: <https://lcon2023boston.com/>

Register now:

[https://www.mcisemi.com/lci2023/
#_ga=2.85564369.959691253.1671571306-
1394264112.1635393836](https://www.mcisemi.com/lci2023/#_ga=2.85564369.959691253.1671571306-1394264112.1635393836)



USEFUL WEBSITES/FACEBOOK

Lions International
lionsclubs.org

Intl President Brian Sheehan
<https://www.facebook.com/LionsPresident/>

District 19 I / Facebook
lions19i.ca
[https://www.facebook.com/
LionsInternationalDistrict19I](https://www.facebook.com/LionsInternationalDistrict19I)

Multiple District 19
lionsmd19.org

Lions of Canada Fund for LCIF
lionsofcanadafundforlcif.ca

BC Lions Society for Children with Disabilities
lionsbc.ca

C.A.R.E. Project
lionsmd.org

Lions of BC Hearing Conservation Society
lionsofbc hearingsociety.org

Leader Dogs for the Blind
leaderdog.org

Lions Foundation of Canada Dog Guides
dogguides.com

Diabetes Awareness
diabetes.ca

Northwest Lions Foundation - restoring sight,
hearing and hope nlfoundation.org

Lions Club International Foundation
lcif.org

Global Action Team (GAT)
[https://www.facebook.com/
groups/2236757789943562](https://www.facebook.com/groups/2236757789943562)



PRESIDENT'S MESSAGE

**Together we can with
International President,
Brian Sheehan**



Hello, Lions!

The holidays are such a special time. And as we gather with family and friends to celebrate this season, let's also remember to celebrate as only Lions can—by serving others. Your kindness will make a big difference for so many families, especially at this time of the year.



Our service is a gift that never stops giving. And by working with your club on a hunger project for your community, you can ensure that all families have a special holiday meal and the support they need all year long. Or consider a gift to LCIF and see how your generosity helps Lions bring hope to the world.

Happy holidays, and thank you for your incredible kindness and service!

Yours in service,
Make a Great Day!

Brian E. Sheehan

International President, Lions Clubs International

January is Hunger Awareness Month

Hunger Project Ideas

Your service is an extraordinary kindness to the families in your community every season. But during this time of year, there are still so many who could use a little extra help. Download [25 Project Ideas for Hunger](#) and plan a project that can be the difference for families during the holidays and throughout the year. Be sure to watch this [special video message](#) from President Sheehan that celebrates your incredible service and what we've achieved



25 Project Ideas for Hunger: https://app.e.roar.lionsclubs.org/e/er?utm_source=Eloqua&utm_campaign=MTG_EN_AllLionIPNewsletterDec_1004293704&utm_medium=email&s=94443966&lid=14138&elqTrackId=58c8e2f880f4429894c3556bf1effa91&elq=4692a43ac0e444dea98418ff3725b1a0&elqaid=27510&elqat=1

President Sheehan Video

https://www.youtube.com/watch?utm_source=Eloqua&utm_campaign=MTG_EN_AllLionIPNewsletterDec_1004293704&utm_medium=email&v=7jn1DatkXK8&feature=youtu.be



LCIF District
 19-I Coordinator
 Lorne Bunyan pdglorne.bunyan@gmail.com
DONATE TO: lionsofcanadafundforlcif.ca



Lions Clubs International
FOUNDATION

Hello fellow Lions and Leos.

My name is Lorne Bunyan, and I am the District Coordinator for 19-I for the Lions Clubs International Foundation. My home Club is the Saltspring Island Lions Club and I have been a Lion for the past 15 years. In addition to being your Foundation coordinator, I am the Immediate Past District Governor for District 19-I. Sad to say, this will be the last 6-months that we will be known as District 19-I as we transition to District 19-L in our newly realigned Multiple District.

I want to look back at our last year and the outstanding accomplishments of our Clubs in helping to bring Campaign 100 to a successful completion. If you were in Montreal for our International Convention, you will remember the excitement when it was revealed that the world of Lions had accomplished the goal of Campaign 100 by surpassing the intended mark of \$300 Million dollars. Globally we raised over \$325,400,000 US Dollars. (Please read the **LCIF NEWSLETTER** included in this month's DG'S Newsletter - Pg 24) Wow and thank you District 19-I for your contributions!

Last year my goal was 100% Club participation, hoping to achieve \$30,000 in contributions. Thirty-five of the 48 Clubs (72.92%) took up the challenge. I didn't achieve 100% but what a great contribution our District made going from \$21,500 to \$57,400, almost doubling my goal as District Governor! What an effort! A big thank you goes to PDG Michael Dukes for organizing and facilitating contributions on the USA side. And huge thanks to all the Zone Chairs, Presidents and LCIF Club coordinators for their outstanding efforts in bringing Campaign 100 to such a fabulous conclusion. Our Multiple District **led the nation** in Canadian donations raising the equivalent of \$179 per member (USA) within our Multiple District. Well Done District Governor's of 2021-2022, MD 19 is a shining example of service to all. I'm so very proud of district 19-I and all of you.

What's next for 2022-2023? Glad you asked. How about we continue to try to reach 100% at the Club level and improve from 35 Clubs to all 48 Clubs as a **"Tribute to our last year as District 19-I"**? In addition, lets look at individual donations and increase our personal commitments by giving up a cup of coffee per week and donate that money to: **Lions of Canada Fund for LCIF and send the \$10 per month to PDG Stan Durward at Box 38, Sunderland, Ontario L0C 1C0.**

This achievement, for me personally, reflects how Lions, when working together, can achieve so much. Thank you for your Service. IPDG Lorne Bunyan, LCIF Coordinator, District 19-I



**Please support the Lions Quest District Challenge ~
 Q Bear Club Membership for \$100.00.**

Please consider a financial donation to Lions Quest Canada. We are Registered Canadian Charity with CRA, so any donation you give is Tax Deductible. You will get a Tax Receipt. A Donation of \$100 towards the District Q Bear Membership Certificate Fan Club (you will receive a Q Bear Certificate, Q Bear Pin and Tax Receipt). A great way to recognize a Lion or Community Member who does amazing things with Youth in your Community. This is a great Public Relations gesture that you can publish in your Community Paper.

Another great way to recognize a Lion or Community Member is to purchase a Lions Quest Fellowship. For more information on the Programs and Donating, <https://www.lionsquest.ca/>

If you would like more information about Lions Quest and need the facts not the fiction, please contact me.



VDG Michael G Stanford, District 19-I Lions Quest Chair
 Chairman of the Board For Lions Quest Canada
 Victoria Lions Club
lionmichaelvdg19i@icloud.com





Wounded Warriors Run BC

February 5, 2023, Wounded Warriors Run BC will be doing a one day running event between Sooke to Sidney BC. This will be an amazing opportunity for Lions in the area to come out, meet and greet the Team.

February 26, 2023, WWRBC will commence their run down the Island from Port Hardy to Victoria. Their run stops will be posted to their Website. They will be in Victoria on Sunday, March 5, 2023 for their final day.

WWRBC Team Members and Organizers were very impressed with the Lions who came out to meet them at their Stops during February 2022. All they saw was Lions Vests at nearly every stop! They were very Thankful for the Donations given to them and appreciated the Support. It showed the WWRBC Team that the Community is there for them. The Community has their backs! The Community supports them! It's a lot more than just the financial donation. It's all about Mental Health. Together we can fight the Stigma of Mental Health. Together We Can!!!



The WWRBC Gala Dinner Committee attempted to organize a Gala Dinner for February 4, 2023 and ran into a few hurdles & obstacles. It was decided to postpone the Event, and make plans for Saturday, February 3, 2024.

If your Lions Club is considering a donation, you can Sponsor a 5 Kilometre Section either leading into or out of your Community. The sponsorship is \$1000.00 for the section of roadway. Your Lions Club will be recognized on the WWRBC Social Media and named on the WWRBC Website. It's all about Public Relations. You can also have the opportunity to give away Lions Swag, pins etc along the sponsored route. Also, display your Lions Clubs Advertising Signs (your cost to produce) along the specified Route Section.

For more information about Sponsorship, you may contact Lion Susan Marcotte, Victoria Lions Club, email: susan@marcottemarketing.ca It is the preferred method of contact. Lion Susan is a Member of the Wounded Warrior Run BC Team.



If your Lions Club would like to give a smaller donation, please send it to VDG Michael Stanford. My Contact Information is in the District Roster. I would like to track the Lions Clubs who are donating this year. Thank You to the Lions Clubs who have contributed thus far.

The Wounded Warrior Run BC Website:

<https://woundedwarriors.ca/events/wounded-warrior-bc-run/>

Please visit their site often. It is still under construction for the coming year.

Thank You for Supporting the Cause!

Cheers, Michael G Stanford

Lions Clubs International and Special Olympics



Charter a "Champions" Lions Club

Do you want to help empower and build an accepting community for people with intellectual disabilities? Get involved by chartering a "Champions" Lions Club! "Champions" Lions Clubs focus on projects that serve Special Olympics athletes.

Invite a Special Olympics Athlete

If you are already a Lion, consider inviting a Special Olympics athlete to become a member of your Lions club. Provide them with the opportunity to give back and help others in the community.

To learn more, check out the link below and download the Brochure and "Champions" Lions Club Guide.

<https://www.lionsclubs.org/en/resources-for-members/resource-center/lions-and-special-olympics>

Victoria Lions

by Don Jones

Thanks to all the Members who in lieu of exchanging gifts Generously donated \$605 for our 8th annual "SOUP CAN PROJECT" to go to the SHELBOURNE COMMUNITY KITCHEN.



With that amount we managed to purchase 41 Cases, (492 cans of assorted Campbells soup) at a deep discount thanks to Country Grocers to help stock the shelves of The Shelbourne Community Kitchen, one of our Beneficiaries.



As always, the need is great, and they were most appreciative to receive the assorted cans of soup.



Once again, the Soup-er Team consisted of Lions Bob & Doris Nicholson, Don Jones, George Schellenberg and also Lois and Alice and the Assistant Manager, Country Grocer



We received a lovely Card of Appreciation "from all of us at the Kitchen" signed with the following comments:

"Deep thanks for your ongoing support, soup drive and Grants" -signed Clarice, Chair of the Board, "We love the Victoria Lions Club! Thank you for all your Generous Support – Kim Cummins, Program Director.

Malcolm Island Lions

Hello all you lovers of the finer things in life!!!

Speaking of the finer things there are still a few cash calendars available should anyone be in need of an amazing late gift.

Just get in touch with any Malcom Island Lions member (Pres Richie soipow@recn.ca Sec Andres Pinch andrewpinch@hotmail.com) and we can figure out how to get you the calendars you need!!!!



Come make a splash at the Frank Jameson Community Centre!

Join us for a **FREE** swim,
WEDNESDAYS from **1:00-2:00pm**
starting **September 7, 2022.**
All ages welcome!

Forks Lions

North Olympic Library System is in Forks, Washington.

NOLS had so much fun bringing stories and a bookmark craft to the Forks Elementary School's Annual Family Winter Craft Night last Friday! A big thanks to the Forks Lions Club for sponsoring the craft that NOLS facilitated with Youth Services Librarian Kristine and Library Manager Troi.



Special thanks to the sponsors, the Ladysmith Lions Club, McNab's Corn Maze and Ladysmith Grants-in-Aid program.



PARKS RECREATION & CULTURE

INFO / REGISTRATION 250.245.6424 | ladysmith.ca

follow us f t i /ladysmithPRC subscribe pcc@ladysmith.ca



Coping with Diabetes at Christmas or any Special Occasion



Tips on What to Do if You Are Type 2 diabetic. It can be harder to control over the Christmas period, when it's easy to be tempted to over-indulging in festive treats. Follow these dos and don'ts to control your

blood sugar levels.

DO check you have enough medication and blood glucose monitoring supplies to see you through the holiday period.
DO plan well in advance rather than leaving things last minute. Christmas can be a stressful time and excess stress can cause glucose levels to rise.

DO talk to your doctor in advance so you know what to do if your readings are raised over Christmas.

DO make healthy diet swaps, by swapping traditional favourites with healthier versions.

For example, swap foggy pudding with fresh fig compote, or swap double cream with low-fat creme fraiche.

DO go for a walk after eating heavy meals, to help burn off the extra calories.

DO eat nuts - a popular Christmas snack that help lower cholesterol, blood pressure and help control glucose levels.

DON'T overindulge on Christmas cake, pudding, mince pies and chocolate.

Spread them out rather than overindulging at one sitting – graze rather than gorge. For example, wait a couple of hours after your Christmas main course before having dessert," said Dr Brewer.

DON'T forget to check glucose levels, as they are more likely to rise if you are eating more, being less active and experiencing a change in routine.

DON'T neglect your eating habits if your routine changes. Eat dinner earlier if need be and check what food arrangements are in place when going to events.

DON'T drink too much alcohol, as this can make you less aware of the symptoms of low blood sugar.

Alternate an alcoholic drink with a non-alcoholic beverage, and instead of drinking wine on its own, add soda water to make a spritzer. When drinking spirits, always add a low calorie or diet mixer rather than one containing sugar.

PDG Georgia Medwedrich, MD19-I Diabetes Chair

gdalmaine@gmail.com

LCIF Grants

Visit their site for more information.

<https://www.lionsclubs.org/en/start-our-global-causes/diabetes>



MD19 Election Results

ELECTIONS FOR DISTRICTS L, I, O, N & S — Congratulations to the newly-minted 2023/2024 District Governors Elect and Vice District Governors Elect for districts 19-L, 19-I, 19-O, 19-N and 19-S who were each elected at the December 1 through December 3, 2022 MD19 Special Convention!!!



DISTRICT GOVERNORS, 1ST VICE DISTRICT GOVERNORS, 2ND VICE DISTRICT GOVERNORS' ELECTS 2023-2024

DISTRICT GOVERNOR	1ST VICE DISTRICT GOVERNOR	2ND VICE DISTRICT GOVERNOR
ELAINE LUK	MICHAEL STANFORD	NO CANDIDATE
MICHAEL LIVINGSTONE	JENNIFER EDGAR	CHARLES (CHUCK) ROBINSON
JOEL HAGGEN	BETH JAMES	JACK PEEBLES
LISA IKEDA	LESLIE CHASSE	ROBERT JOHNSON
KENNETH COOK	TAMMY ALLAN	NO CANDIDATE

Congratulations from MD19 Executive Director Peter Anderson and MD19 Election Chair Grace Hwo



Victoria Chinatown Lions

In December I was made aware that the Victoria Chinatown Lions Club name didn't appear on the list of clubs under **ZONE 19-I-2** on the prior issues of the Laughing Lion. My apologies to the Club and it's Members. This prompted me to look into the history of the Club.

Victoria Chinatown Lions club was chartered April 20, 1956, making it 66 years old. It was Sponsored by the Victoria Club. In its lifetime it has Chartered the Duncan, Sidney, Royal Oak, and Victoria Chinatown Lioness Lions Clubs.


Charter President: Peter Wong

Charter Members:

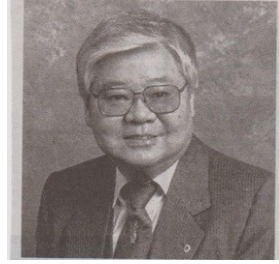
- | | | |
|--------------|------------|---------------|
| Herbert Chan | Henry Joe | Herbert Quan |
| Philip Chan | Fun Lee | Wah Quan |
| James Chow | Roger Lee | Harry Seto |
| Y. King Chow | Sam Leong | Jack Tang |
| Dick Chu | Ben Louie | Jack Wong |
| Eric Joe | John Lowe | Peter B. Wong |
| George Joe | Edward Lum | David Yuen |



In 1992, the museum added a beautifully detailed Chinatown section to the Old Town, using award-winning historian David Chuen-yen Lai's research and funding from the Victoria Chinatown Lions Club.



Jack Tang: Jack and Bessie operated Tang's Pagoda Clothing Store on Douglas Street for over 50 years. He was a charter member of the Victoria Chinatown Lions Club, and District Governor. Jack took pride in being a member of the first Victoria Chinese Scout Troop, formed in 1932. He was also a square dancer and figure skater in his younger years. In recognition of his community service, Jack was made an honorary citizen of Victoria.



Edward (Ed) Ginn Chow. Ed was born in Victoria and joined Lions in 1964. Ed held many positions such as President and District Governor.

District Governors

- 1967/68 District Governor: Jack Tang
- 1983/84 District Governor: Edward (Ed) Chow

Zone Chairs:

- 1963/64 Jack Tang
- 1971/72 Phil Chan
- 1974/75 Ed Chow
- 2003/04 David Van Hoeke



Victoria Chinatown Lions Club, ca. 1968 swim party at old Crystal Gardens



ENG, William Sek Fon was born in Canton City, China, and arrived in Canada at the age of 13 His teen years were spent assisting his parents, his brothers at the Beacon Café in Sidney. He worked hard to put himself through school to become a Chartered Accountant. He was a prolific golfer and the Willie Eng Classic Golf Tournament was established in his honour.



Victoria Chinatown Lions Baton Team

(Right)2019 Victoria Chinatown Lions annual Casino Fundraiser. Pictured are President Alan Yuen with members of the Victoria Chinatown Lioness Lions



Pictured below are some Members of the Victoria Chinatown Lions



Qualicum Bay

By Steve Beaman

Here are a couple of pictures from our Dec 11th pancake breakfast in Qualicum Bay. A successful day! We also hosted a Christmas dinner for all of our housing residents Dec 18th organized by our housing Manager Lion Zoe.



*Best of the Season to you
and thank you for all you
do!*

Parksville Lions

Parksville Lions received a donation from the Winterfest Craft Fair.



Ladysmith Lions

Pizza Day and wooden toy giveaway, with the Ladysmith LIONS CLUB during the LaFF Morning program. Thank you to the amazing team of Lions that come and create such delicious snack for everyone.

LaFF Morning program runs between 9:30-12 inside Aggie Hall for children ages 0-6yrs and their adults. Santa's helpers and their wooden toy creations.



Filling the Sharing Pantry



The FREE SWIM is happening every Wednesday at the Frank Jameson pool, from 1 to 2PM. A big thank you to our co-sponsors, McNab's Corn Maze and the Town of Ladysmith Parks, Rec., and Culture.



Thank you for making Giving Tuesday (November 29, 2022) a Success!

Every Dog Guide is more than a companion. For a blind or visually impaired person, they are a pair of eyes. For a deaf or hard-of-hearing person, they are their ears. For someone with hypoglycemic unawareness, they are their medical alert lifeline. Dog Guides become an extension of that person and thanks to your participation on Giving Tuesday, 4 Canadians will receive the life-changing gift of a Dog Guide.

With your support and the matching donation from Frank Apa and Lexus of Oakville for \$20,000, we are thrilled to announce a total of \$157,299 was raised yesterday on Giving Tuesday!



Saanich Lions with Victoria Chinatown & Esquimalt Lions will be looking forward to seeing you at our Bottle/Food Drive January 2 or 3.



Lions Club Drive thru Bottle & Food Drive
 4240 Glanford Ave.
 January 2, 3 2021
 9am to 3pm

Drive thru drop to allow proper social distancing. Collecting food for the Saanich Peninsula Lions Food Bank

20 Ideas of what to bring for the food drive!

1. Soup, Stew and Chili
2. Canned Beans
3. Canned Chicken
4. Canned Fish (Tuna and Salmon)
5. Canned Meat (SPAM and Ham)
6. Canned Vegetables
7. Cooking Oils (Olive and Canola)
8. Crackers
9. Dried Herbs and Spices
10. Fruit (Canned or Dried)
11. Granola Bars
12. Instant Mashed Potatoes
13. Meals in a Box
14. personal hygiene items
15. Pasta
16. Peanut Butter
17. Rice
18. Shelf-stable and Powdered Milk
19. Applesauce
20. Whole Grain Cereal

Don't forget your pop/beer/liquor bottles and cans we will sort them. So you can bring them unsorted!

Hunger never takes a holiday and the need continues to be greater in these troubled times

the house 75 years

Lions Bottle Drive supports Lions Community Charities



Sequim Valley Lions

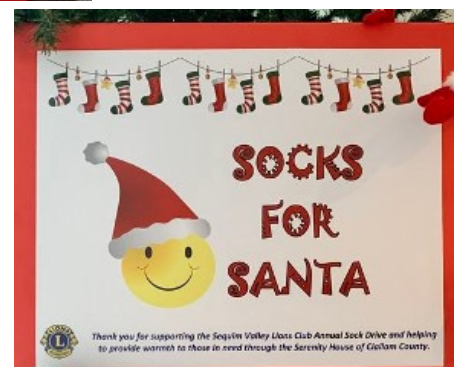
by George Dooley

We participated in Wreathes across America this past week. The event, part of a national initiative to honor veterans of military service, saw individual branches of the military recognized during the ceremony followed by the placement of more than 2,300 wreathes for servicemen and women at six cemeteries across the North Olympic Peninsula.



Sequim Valley Lions were once again proud to donate to the Sequim Puppy Growers during their annual Christmas Party.

The Sequim Valley Lions Club held its 2nd Annual "Socks for Santa" campaign, began November 25 and running through December 16th. The new, warm socks will be distributed to the homeless in our community through the Serenity House organization.





Sooke Harbourside Lions

by Deb Schenk

The All Sooke Christmas Craft Fair was held Nov 18-20 at the Community Hall and once again the SHL managed the Food Concession. As always, the customers loved our selections of homemade soups and fresh sandwiches, and many came back to express their thanks and compliments to the team. We raised \$1,252.99

Big thank you to all our volunteers, whether it be selling the Calendars or helping with the Santa Photo's or working in the Concession, this club never disappoints when the call is made for help, a three day event takes a lot of people hours and many folks put in multiple shifts so thank you from the bottom of our hearts.



SOOKE SANTA PARADE 2022

The parade was held Sunday 4th December, from Sooke Elementary, Sooke Road and finishing at the junction with Townsend Road.

The 3 Lions Clubs of Sooke are proud to partner to host this fun family event. Hot chocolate and refreshments were available at the shelter Evergreen Mall Proudly hosted by Sooke Lions Club Sooke Harbour-side Lions Club and Sooke District Lioness Lion



The Shoe Box Project - filled 107 boxes for [TheShoeBoxProject](https://www.facebook.com/hashtag/theshoeboxproject) for 735 needed for our local women.

<https://www.facebook.com/hashtag/theshoeboxproject>



Sooke Lions Christmas Party - held for all 3 Lions clubs, Dec 8.



Sooke Lions

by Randy Welters

Merry Merry to All Lions and Family,



BREAKFAST WITH SANTA

The Legion
Saturday, Dec. 3
from 9-11a.m.
Sooke Lions Club

We only had 1 meeting in December and that was our Christmas Party with Sooke District Lioness Lions and Sooke Harbourside Lions at the Sooke Legion #54. It was a fun evening with a good turkey dinner prepared by the Legion, a good turnout by all 3 clubs and a fun time with the 'Steal Gift Exchange' at the end.

We held a Breakfast With Santa Dec 3rd.

The rest of the month so far has many many Lions helping out with the Sooke Food Bank and the Sooke Christmas Bureau, making sure all was taken care of, including deliveries to Port Renfrew.

We look forward to Pancake Breakfasts scheduled in January for 2 elementary





PEACE

LIONS INTERNATIONAL CONTEST



International Peace Poster Contest

2022 – 2023

For over three decades, Lions clubs around the globe have been sponsoring a very special art contest in schools and youth groups. Creating peace posters gives children everywhere the chance to express their visions of peace and inspire the world through art and creativity.

Lead with Compassion

Children know how powerful compassion can be. They're often able to express this feeling more openly than adults. Students ages 11, 12 or 13 as of November 15 are eligible to participate in the International Peace Poster Contest. Entries not meeting the following deadlines will be disqualified. February 1: International winners notified on or before this date.



LIONS IN MOTION About the Campaign

LCI First Lady, Lion Lori Sheehan challenges Lions/Leos to get moving & invite your community to join you as you raise funds for our amazing Lions Clubs International Foundation (LCIF)!

Lions in Motion fundraisers should be simple & fun. Classy available for you to set up your own fundraiser with funds going directly to LCIF. And, it only takes a few easy steps! <https://www.classy.org/campaign/lions-in-motion/c420946>

- 1) Choose your fundraiser or join another
- 2) Choose your team! Individual, friends, club, community or multiple district
- 3) Choose your activity!
- 4) Design your Classy fundraising page
- 5) Share your success!

The sky's the limit- you just need to remember to move & have fun! Check back often as we introduce the Lions in Motion team & to see what other Lions, Leos & clubs are doing. **Let's Get Moving!!**

Gabriola Island

by Maureen Morgan



The Gabriola Lions club celebrated in style at our annual Christmas party, December 12th. After a few years of absence due Covid, a lovely party was organized by Lion Olga Korinek. Special guest, District Governor Lia Marie Versavel awarded the Gabriola Lions Club the Lions International certificate of exemplary service. President Betsy Banford received the prestigious award for the club; she was truly surprised and extremely honoured. In true fashion, President Betsy congratulated the Club for their hard work, resourcefulness and dedication.



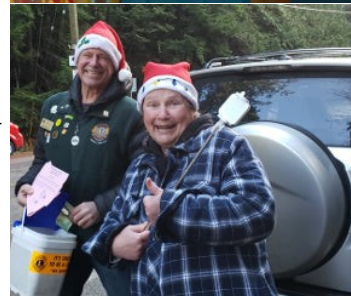
Two other awards given out that evening were to Lion Carol Martin, the Secretary Excellence Award certificate and pin, and to Lion Shirley Nicolson as the Clive Tutty Lion of the year for the Gabriola Island Lions Club.



Lion of the Year

Christmas 2022
 Lions my friends our work never ends
 I know that we are the best we always have special guest
 We have done it all and had a ball
 We did what we could delivered loads of wood
 And because we are keen we had concert on the green
 Where music was played and money was made
 Playing on the golf course made more money of course
 Serving lots of food was funny and tasted yummy in our tummy
 I have heard lots of talks about our walk with the dogs
 with Lions roar we work some more and drilled many holes
 to install 43 metal poles x the collection on the lawn
 So have no fear we can do it all next year is always many
 to help some more this is our chore
 Now it is time to dine with fine wine
 We love to share we are Gabriola Lions and we care

We're doing it again!
 We were raising funds for the Christmas Bureau Nesters Market - Gabriola gift cards for those who need it over the Christmas season. People gave generously. We had the SQUARE, and tons of big smiles.



Sooke District Lioness Lions

Our club members literally rolled up their sleeves in November to bake delicious treats for our annual online bake sale. The sale was once again a rousing success, many thanks to our skilled bakers.



In a joint club fundraiser, Sooke District Lioness Lions have been diligently selling the 2023 Sooke Lions' Raffle Calendars. We had lots of laughter and good fellowship as we offered calendars for sale.



Sooke District Lioness Lions were delighted to donate \$2333.00 to the Sooke Food Bank and its seasonal program Sooke Christmas Bureau.

The work the Sooke Food Bank does is a vital part of helping those in need in our community. We were also pleased to donate \$500.00 to Diabetes Canada.



To continue the spirit of festive giving, our club donated \$300.00 to the 2022 Festival of Trees fundraiser for BC Children's Hospital. We had 16 members decorating the tree in a Lions theme, of course! What an amazing fundraiser in BC help support children battling illnesses.

We had a busy December with catering the Sooke Philharmonic Symphony concert, participating in the Sooke Christmas parade, assisting at the monthly Steak Night at the Legion, distributing baking, providing lunch for the dedicated volunteers of the Sooke Food Bank and enjoying a few festive Lions get togethers. Stay safe over the holidays! I



What a fantastic SDLL Christmas Party we had. Friendship, Fun & Food who needs anything more. Thank you to everyone who contributed to organizing this and bringing us all together to celebrate this special season. In true Lions spirit last night we were delighted to welcome 2 new members to our Club, Lion April & Lion Vicki. These wonderful ladies have already volunteered service at our events and it was wonderful to have them become full members this year.

This was also the perfect time to honour Lion Jo Bohn who was recognized for 25yrs of service a truly outstanding achievement And there is more after the frivolity and in response to the Christmas Hamper for the Sooke Food Bank Challenge was issued by Zone Chair Lion Jackie Lawrence, we were proud to deliver our donation of hampers!!!! A perfect ending to a great night!



Cannot forget a very special THANK YOU to Lion Mike & Lion Steve from Sooke Lions who were simply brilliant as Santa's Elves and kept us laughing all night with their antics!

We would love to take this opportunity to thank everyone for your support this year and especially our fellow Clubs, Sooke Lions Club and Sooke Harbourside Lions Club. It has been a pleasure to work alongside you at so many events this year in support of our community. Merry Christmas and wishing you all the best for the New Year 2023!



Christmas Ship Sails Again!

To all Lions & Friends on both sides of the US/ Canada Border:

You are aware the "International Lions Christmas Ship" has not sailed since December 2019, due to COVID. This year, for the first time since, we will be traversing US Waters, (Dec 10 & 11/22) and visiting the islands of Lummi, Waldron, Blakely, Decatur, Lopez, Orcas and Shaw. A shorter schedule has also resulted in a much smaller crew.

Unfortunately, we will not be sailing in Canadian Waters this year. The cost for the vessel owner is very expensive and prohibitive.

Please know the Board of Directors of the International Christmas Lions Ship will make every effort to a "return to normal" for 2023. We are open to suggestions.

We thank you for your ongoing support of this very worthwhile project.

Sandra Ball, President, International Lions Christmas Ship
On behalf of the Board of Directors



Nanose Bay Lions

by Pam Tremblett

On December 14th we hosted a Christmas Dinner at Nanose Place for all the Bingo players.

In December we made a \$2000.00 donation to Children's Health Foundation of Vancouver Island. It has been serving VI for 90 years. Their mission is to ensure all Island families have access to the health care they need, when and where they need it the most. They have two Home-Away-From-Home locations (Victoria and Campbell River) which provide a place for families to stay when their child requires health care away from home as well as many other programs. This organization has no government funding and relies solely on donors.

NBLC 2022 Christmas Cake Fundraiser was a resounding success with 100% sales and a profit of approximately \$2000. Thanks to everyone that bought our delicious cakes, shortbread, and fudge. YES, we will have even more FUDGE next year!!



Nanose Bay Lions Club Christmas Tree Chipping Fundraiser

WHEN: SUNDAY, JANUARY 8, 2023

TIME: 10:00 A.M. TO 3:00 P.M.

**LOCATION: AT NANOSE PLACE COMMUNITY CENTER
PARKING LOT**

PRICE: BY DONATION



FOR TREE PICKUP (SUGGESTED DONATION \$20) CALL:

WENDELL AT 250-802-3021



TREE CHIPPING COURTESY OF

"OUT ON A LIMB TREE SERVICE", 250-228-0630

C.L.E.R.C. Eyeglasses collection for the year 2022.

What a great year it has been in 2022 for all of you in collecting and the shipment of used eyeglasses, sunglasses, children's glasses, broken and loose lenses.

We shipped over 52,236 to CLERC in Calgary AB for processing and preparation for shipment to needy peoples around the world.

Please ensure that you have a donation to CLERC on your Club's budget to help those volunteers with their work. Donations may be sent directly to CLERC at this address:

C.L.E.R.C, Bay #2 1216- 34th Ave NE, Calgary AB, T2E 6L9

If you know of some family or friends that have used eyeglasses in their homes, talk to them about giving them to those in need and that could use them.

Thank you to all of the Collectors and the Area Shippers for all you do to help others see better. Wishing you all the best in this Holiday Season, staying Safe and Healthy in 2023!



Yours in Service
PDG Lion Marcel Deslauriers



Esquimalt Lions

Thank you Country Grocer for your HUGE Community Support ! December 4th the 16th Annual Esquimalt Celebration of Lights and parade was held. We prepared hot dogs and pop corn following the parade!

2022 Christmas Tree Village - December 3- January 4, 2023

People experienced the magic of the holidays at the ninth annual Christmas Tree Village.

Voting for "People's Choice Favourite Tree" is taking place on the Esquimalt Parks and Recreation Facebook Page

Esquimalt Lions tree at left.



Leadership is Service



The Northwest Lions Leadership Institute

May 4-7, 2023

Ross Point Conference Center
Post Falls, Idaho

www.nwlli.org



"Leadership training at its best."

Service is Leadership

Are you ready to take the next step to build your leadership skills?

When: May 4-7, 2023

Where: Ross Point Conference Center
820 S Ross Point Road
Post Falls, ID 83854

Cost: \$350 (deposit \$150 US/CAN at par)

Applicants from Clubs in MD 19 can apply for a special fee waiver, which can reduce the cost of the Institute by \$200. See web site for details.

- The cost covers:
- 3 nights lodging
 - 8 meals
 - All training materials



The application process includes several steps which must be complete and submitted by **April 1, 2023.**

For more information, visit our website:

www.nwlli.org

Or contact:

Dave Risley
registrar@nwlli.org
360-930-2751



Port Angeles Lions

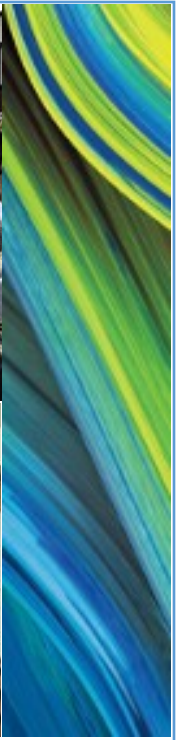
The club was at Naval Lodge Elks Building holding a pancake breakfast with Santa- We have a SANTA sighting in Port Angeles today at the Elk's Club! The pancakes are hot, orange juice is cold, and holiday cheer was in the air!



Willow Point Lions

Dela Maida Lynn and Lill some of the Lion ladies on the raffle table at the Christmas Market.

Fun evening with friends and awesome food. Merry Christmas to one and all, and may 2023 be a year full of love and kindness and service to our community



Clallam Bay Sekiu Lions

By Karen Duke

On November 11th, flags were displayed along the main street Clallam Bay. That evening Veterans enjoyed a prime rib dinner at the Breakwater Diner. This dinner was sponsored by the Lions Club and a few of its members.



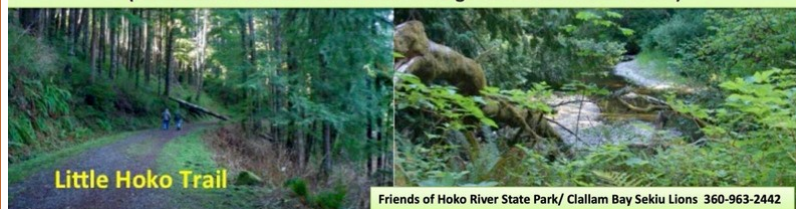
Lions Jeff Howell and Mike Dukes welcomed the veterans and thanked them for their service. Retired U.S. Army Sergeant and Lion Fred Grant began with an informative presentation about the Missing Soldier Table, to honor the missing comrades in arms. The evening was very enjoyable and veterans thanked us after they had finished eating. December 3rd was the annual tree lighting at the county park and three members baked cookies and also served hot beverages to those in attendance on a VERY COLD evening.



After the Dec. 7th dinner meeting at the club house, members created Christmas swags and distributed them to local businesses as a "Thank You." On Friday December 16 Lions Mike Dukes and Don Baker made treat bags for the students and staff and took them over to the school.

Celebrate the New Year -- First Day Walk 12 Noon-Little Hoko Trail in Hoko River State Park

(Just south of entrance to Cowan Heritage Area-Hoko-Ozette Road)



Little Hoko Trail

Friends of Hoko River State Park/ Clallam Bay Sekiu Lions 360-963-2442

Please join us for the New Year "First Day walk on the Hoko". The trail starts just a little ways past the Cowan Heritage Farm on the left side of the road. Have a very Merry Christmas and best wishes for the New Year!

Galiano Island Lions



The last month we had two Christmas themed events. The first was a Christmas craft fair hosted by the club, where local artists, crafts people and bakers put their goods on display and for sale. Volunteer Lions prepared lunch and sold Christmas trees and ornaments. A "roaring" success!



Galiano sold (out) Christmas trees and held a Breakfast with Santa pancake breakfast (Dec 11) which took the place of the Christmas ship.



Salt Spring Island Lions

Once again, we held a Single Seniors Christmas Dinner. Lion Ron and his merry kitchen crew, once again prepared a lovely turkey dinner. Lion Valdy & Lion Kathleen Horsdal provided entertainment. Pathfinders (Gail Temmel) did a great job of serving. MC was PDG Lorne Bunyun and Santa was President James Sikora.



Central Saanich Lions

by Joan Adam



We prepared pancakes and sausages at Saanichton Christmas breakfast.

Do we have 2 future Lions in our midst. Two Pics kids with Santa. grandchildren of 2 of our Lions



Photo of the Month

By Bob Orchard



Comox Valley Lions

Drop me a Lion.



Greetings fellow Lions.

I would love to hear from you if you have something you'd like to share with MD 19-I Lions. It's very important that we **ROAR** and tell the world what we are doing. Jokes, stories, successes, challenges or anything you think might be of interest.

Evelyn Smith, D 19-I Newsletter Editor

Cell: 250-802-8105 Email: esmithmd19i@gmail.com

Please let me know if you find any errors or omissions. Yours in Lionism Evelyn



Comox Valley Lions continue to run their weekly bingo Fridays at the Lions Den, 1729 Rear, Comox Ave., Comox. Drop by for a fun evening of 28 games of BINGO.



Comox Valley Monarch

by Cec Specht

Several Lions from our Club helped man the Salvation Army Christmas Kettle at the Courtenay Real Canadian Superstore over the past couple of weeks.



Baynes Sound



Our Christmas Hamper Program has a new Elf this year - helping to bring it all together

We were selling raffle tickets for only \$2 dollars a ticket. Two big baskets first and second place. Worth over 500-1000\$\$\$\$ in great prizes all proceeds go to Child

Development Center!! The draw was Dec 18. The baskets could easily cover many gifts for Christmas, the baskets all local products inside.



Cedar Lions

Cedar lions Xmas party at the alleys



Duncan Lions

by Margaret Wall

Duncan Lions presented the Valley Food Banks with \$7500.00



Our free skate is on the Jan 7th and the 21st.

All welcome skate rental is included.

Decorating the school house at the Forest Museum

Have a merry Christmas and a prosperous New Year!



Victoria Chinatown Lioness Lions

We are happy to say that tickets for their Chinese New Year Fundraising Dinner have been sold out.

BOTTLE DRIVE + CHRISTMAS TREE recycle 🌲 🌲

🙏 Please save us your refundable bottles and your tree! Davey Tree Company will be on site to chip your trees and donations go to Easter Seals to help with Camp Shawnigan for kids with disabilities! Proceeds from drink beverage containers stay local to help people right here in our community!

Here is wishing you a wonderful holiday season and a Happy New Year! Thank you for your support!





Mayne Island Lions

by Alan Guy

Firstly seasonal greetings from my club to you. Our best wishes for the second half of your year.

Secondly, an opportunity for M.I. Lions to brag. Channel 6 Island News, did a feature interview because after a four-year hiatus (COVID and bad weather), Santa Claus finally returned to Mayne Island on 'Santa's Ship'. They did a background story about the Mayne Island Lions.



Part of the interview was with our Pres., Brian Dearden, part was another with some guy in a red suit and a beard, and the remainder was coverage of the ship's arrival, (it is a Nordic Tug, converted), Santa's walk up the new long dock and a whole bunch of us, locals and kids dragging the #1 fire truck up the hill to the Agricultural Hall, where Santa did his hand-out of gifts and treats, all made and/or created on island. And the sun shone on the entire event.!



Watch the broadcast:

<https://www.cheknews.ca/not-like-seeing-santa-in-the-mall-santas-ship-returns-to-mayne-island-1123672/>

Best wishes, Alan Guy



Sidney Lions

by Bob Orchard

In November we took on the job of cooking burgers, hotdogs, onion rings etc. for the Craft Sale held at the Saanich Fair grounds. We used their kitchen facilities, and it took a while on the first day to get up to speed. The second day went a lot smoother.

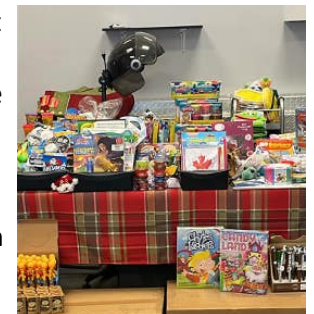


Then we participated in the Sidney Sparkles parade this year. We even had our Lion's mascot SID taking part and he was a great hit with the kids. A big thank you to Kole Rowe (Jamie and Marc's son) for wearing the costume. President Bill DesLauriers and Treasurer Dawn Gould decorated their cars for the event.



We also took over the Toy Drive this year. That kept us busy for most of December collecting donations. Once again, we were amazed at the generosity of the people and businesses of Sidney.

In the photo from left to right are Lions Alyson DesLauriers, Meredith and Scott Henderson with their son Blake, Patti Anthony, and President Bill DesLauriers. The Project was co-chaired by our new members Meredith and Scott. They both did a great job!





Nanaimo Lions

by Larrie Taylor

NANAIMO LIONS FREE SKATE - Attendance at the Lions Free Skate increased substantially in the last few skates. To date we have had 3202 participants. On this past Sunday, December 18, the skaters were treated to Christmas Oranges and candy canes thanks to the generosity of Save On Food, our title sponsor.



VISION SCREENING - In conjunction with Nanaimo Hub City Lions we have completed the Vision Screening of all Grade 4 and 7 students in School District 68 in 17 Nanaimo Schools.. We will be doing the remaining 10 schools in January. We will be inviting Gabriola Lions work with us at the Gabriola School. To date we have screened 1,206 students of which 91 were identified as needing a complete examination by professional. The screening was completed with Lions completing 30 shifts for a total of 86 hours.



LOAVES AND FISHES DONATION - The club donated \$1,000.0 to Loaves and Fishes. We also collected non perishable items at our last meeting. (left)



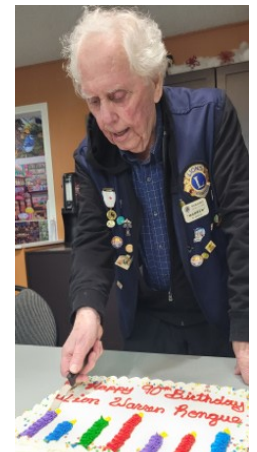
SCOOTER DONATION - The Nanaimo Lions and the Hub City Lions jointly funded a scooter for a needy resident of Nanaimo. (right)



SALVATION ARMY CHRISTMAS KETTLES - The club members have volunteered at the club kettles at Superstore on Fridays and Saturdays throughout December.



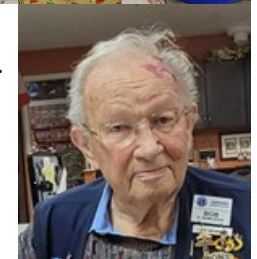
LION WARREN RONGVE - Lion Warren, who epitomizes the meaning of Lions was awarded a Melvin Jones Fellowship for his service to the club and to the community. We also had a cake for his 90th birthday.

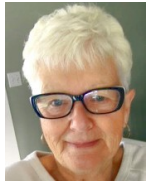


UGLY SWEATER NIGHT - Our Taitwister held an Ugly Sweater night at our Dec 5 meeting. The winners proudly displayed their sweaters to the members – at least one was not only ugly but was gross. Left to right - Pam Taylor - Best, Burnie Smith - Funniest and Larrie Taylor - Ugliest



CHIP UP - The club will operate the Annual Christmas Tree Chip up on the week end of January 7 and 8. We believe this is the 60 anniversary of this project. The Chair of the project has been Lion Bob Rowledge for 58 of those 60 years.





Global Action Team (GAT) Membership

by Betty Anne Herbert



IT takes a great team to bring big ideas to life. That's what makes your club so special. Because the greatest team you could ever ask for is always right by your side.

And by working together, you bring out the very best in every lion and make even greater things possible in your community



Teamwork will always be one of your greatest strengths. It helps you take on bigger challenges and achieve goals like expanding your service and growing your club. So let's embrace what makes your team so special and be open to new ideas. New members bring fresh ideas and maybe projects to your club. Lets make 2023 in 19-I till July 1 make our membership grow. Remember to **JUST ASK!!**

LCIF CAMPAIGN 100 FINAL REPORT



LCIF (Canada) NEWSLETTER

December, 2022

Garnet Davis, Trustee (CA II – Canada)

CAMPAIGN 100

Thank you, Lions of Canada! Thank you to Constitutional Coordinators PIDs Carl Young and Marvin Chambers; Area Leaders PCC Tim Haight, and PIDs Art Woods and Yves Leveille; all Multiple District and District Coordinators, and all Lions

Total Funds - \$325 400 000 (US) – approximately \$237/member average

Total Funds in Canada - \$4 725 729 (US) – approximately \$130/member average

Top MD's in Canada – MD 19 (\$179/member; MD C (\$148/member); MD 5M (\$143/member)

Worldwide

5 475 Model Clubs (over \$500(US)/member)

In Canada, 98 Model Clubs

68 Model Clubs

18 Visionary Model Clubs (\$750/member average)

8 - 200% Model Clubs (\$1 000/member average)

3 – 300% Model Clubs (\$1500/member average) – Calgary Northeast Eyeopener Lions Club, Chalk River Lions Club, Regina Lakeside Lions Club

1 – Premier Model Club – Brampton Briarlea Lions Club (over \$8000/member)

Thank you for supporting Campaign 100 and for your continued Support of our Foundation.



PDG Cec Specht

MD 19 LCIF Campaign 100 Coordinator for Canadian Clubs

Comox Valley Monarch Lions Club

Announcing the 45th Annual Lions Day with the United Nations

Save the Date!

Friday, March 3, 2023 in New York City

Be an active part of our global partnership! With the theme "Hunger, Nutrition and Wellness," the 45th Annual Lions Day with the United Nations will take place on Friday, March 3, 2023 in New York City. Check back soon for more information about this event!

For questions or further information, please contact us at ldun@lionsclubs.org.

Lions Day at the United Nations

<https://www.lionsclubs.org/en/start-our-approach/lions-advocacy/lions-day-united-nations/new-york>

Join us.

LDUN is an exclusive opportunity for you to meet new Lions and Leos, interact with global diplomats, and celebrate Lions service around the world.



Hub City Lions



<<< Hub City and Nanaimo Clubs joint venture to purchase scooter for someone in need. Hub City President Claire Clark and Nanaimo Past Pres. Burnie Smith present the \$1700 cheque to The Mobility Store

Hub City members helping with the Salvation Army Christmas kettles >>>



Hub city team getting ready to tend bar at an event.



Hub City members getting ready to hand out gift cards (ie food hampers) to those in need in our community.



DISTRICT GOVERNOR Lia's CLUB VISITATION SCHEDULE 2022 - 2023

WILL BE BACK NEXT MONTH—SORRY FOR THE INCONVIENCE

JANUARY 2023

FEBRUARY 2023

MARCH 2023

26__ CABINET AND PDG MEETING - TBD

APRIL 2023

14-15__ UNCONVENTIONAL CONVENTION

MAY 2023

7-9__ NORTHWEST LIONS LEADERSHIP INSTITUTE

JULY 2023

7 – 11__ INTERNATIONAL CONVENTION – BOSTON

MASSACHUSETTS

Please book you DG visitation now:

versaevel.liamarie@gmail.com

THE DISTRICT DIGEST

Share Your Story and Earn Funding for Your Area

Keep the success stories coming! Funding is available to districts, undistricted areas and Leo districts that submit a 350-word success story. Find more information about submission guidelines on the GAT Success Story Funding webpage

<https://www.lionsclubs.org/en/resources-for-members/resource-center/global-action-team/gat-success-story-funding>

Now Accepting PR Grant Applications

The PR Grant Program, which will soon change to the Marketing Grant Program, is now accepting applications. Learn how a grant can help you energize your promotions and engage your local media, and how to apply for a grant so you can take your marketing to the next level.

<https://www.lionsclubs.org/en/start-our-approach/grant-types/public-relations-grants>

Global Causes Pins

Show your support for our global service with our stylish new global cause pins. Collect all five, and let the world know what our causes mean to you!

<https://lionsclubsinternational.myshopify.com/collections/global-causes>

January 2023

Did you know that January is:

Hunger Awareness Month

Visit the link below to learn more about Lions Vision Global Cause:

<https://www.lionsclubs.org/en/start-our-global-causes/vision>

January 13 is Melvin Jones Birthday

February 2023

Did you know February is:

Childhood Cancer Awareness Month

February 7-9 - 2023 FVDG/DGE Seminar

February 13 - 2023-2024 District Goals submission platform opens

February 15 - Int'l Childhood Cancer Day

March 2023

March 3 - Lions Day at UN New York City

March 8 - Int'l Women Day

April 2023

Environmental Awareness Month

Family & Friends Month

Leo Club Awareness Month

April 22 - Int'l Earth

April 25 - Lions Worldwide Induction Day

May 2023

Strengthen Membership Month



CABINET & COMMITTEE CHAIRPERSONS:



BC Lions Society

PDG Robert Dalton - Port Alberni, BC
(250) 724-0558 - roblion@telus.net

Camp Shawnigan Improvement Committee

Cynthia Sams - Shawnigan Lake, BC
(250) -886-3707 - cmsams2012@gmail.com

C.A.R.E.

PDG Jane Beddows - Sooke, BC
(250) 642-3378 - (250) 744-0616
jbeds@telus.net

Conference Co-Chairs

PDG Brian Phillips Lion Joanne Phillips
Sooke BC (250) 642-2408
lion.brian.phillips@telus.net
joanne-phillips@telus.net

Contest & Awards

Vacant

Constitution & Bylaws

PCC Larrie Taylor - Parksville, BC
(250) 954-3814 - (250) 927-1411
larriet@shaw.ca

Diabetes Awareness

PDG Georgia Medwedrich - Sooke, BC
(250) 642-4969 - gdalmaine@gmail.com

Elections

IPDG Lorne Bunyan - Salt Spring Island, BC
(250)-537-1647 / (250)-920-9059
pdglorne.bunyan@gmail.com

Environment

David Haynes - Nanoose BC
(250) 468-9534 dhaynes922@gmail.com

Extension Canada

PDG Alan Guy - Mayne Island, BC
(250) 539-9876 - af15tbs@shaw.ca

Extension USA

Vacant

GAT Facilitator

!st VDG Michael Stanford - Victoria, BC
(250)-412-5260 - (250) 213-3714
lionmichaelvdg19i@icloud.com

GAT Leadership

Vacant

GAT Training Coordinator

PCC Al Beddows - Sooke BC
(250) 516-5084 - abeds@telus.net

GAT Membership/NAMI Champion

PZC Betty Anne Herbert - Ladysmith, BC
(250) 245-7977 - lionba@shaw.ca

GAT Public Relations/Newsletter

Lion Evelyn Smith - Nanaimo, BC
(250) 802-8105 - esmithmd19i@gmail.com

GAT Service

Lion Allen McDermid, Ladysmith, BC
(250) 245-3445 Canuk11@love.ca

Heads Up Guys

PCC Al Beddows - Sooke, BC
(250) 642-3378 - (250) 516-5084
abeds@telus.net

Hearing & Speech

PZC Barb Wright - Victoria, BC
(778) 966-2521 - barbwright68@gmail.com

Honorary Chairperson

PDG Robert Dalton - Port Alberni, BC
(250) 724-0558 roblion@telus.net

Information Technology/Website

PDG Ron Metcalfe - Port Alberni, BC
(778) 419-4565 - (250) 731-9742
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International Peace Poster Contest

Lion James Hoskins - Victoria, BC
(250) 477-1435 - autohos@shaw.ca

LCIF Coordinator

IPDG Lorne Bunyan - Salt Spring Island, BC
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Lions Foundation of Canada (LFC)

PDG Cec Specht - Courtenay, BC
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Lions Quest

PZC Michael Stanford - Victoria, BC
(250) 213-3714 lionmichaelvdg19i@icloud.com

Leadership

PZC Eleanor Bawden - Sooke, BC
(250) 642-6763 - Cell: (250) 858-7427
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Nominations

PDG Robert Dalton - Port Alberni, BC
(250) 724-0558 - roblion@telus.net

Northwest Lions Foundation

PDG Mike Dukes - Sekiu, WA
(360) 963-2287 - (360) 640-5404
dukesmk@centurylink.net

Parliamentarian

PCC Larrie Taylor - Parksville, BC
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larriet@shaw.ca

Pediatric Cancer

Vacant

Spot Screener

Lion George Smith - Port Alberni, BC
(250) 723-8557 - (250) 720-7556
pa_dweller@yahoo.com

Vision

PDG Marcel Deslauriers - Victoria, BC
(250) 245-3445 - marceldes1@gmail.com

Youth & Camp Exchange

PDG Lia Versaevel - Ladysmith BC
(250) 606-1515 - versaevel.liamarie@gmail.com



~In loving memory ~

Lion Ernie Neal of Comox Valley Lions Club left us to go to Heaven December 10. A huge loss for the Lions family.

July 8, 1949 – December 10, 2022

Ernest (Ernie) Neal passed away at the Comox Valley Hospital on December 10th, 2022.

He worked at the Comox Golf Club and served most recently as Treasurer of the Comox Lions Club. Ernie had an incredible sense of humour. He was a kind and generous soul who will be missed by his family and community.

A celebration of life will be held at a later date. In lieu of flowers, please make a donation to a charity of your choice.



~In loving memory ~

PDG Bob Ayotte

Friday, December 23rd PDG Bob Ayotte passed away suddenly. They are planning his Celebration of Life for March 2nd. When I receive more details I will pass them along.

PDG Bob was very active in Lions and served with me when I was District Governor 2013-2014. A true friend and Lion. He will be missed.

PDG Leslie Smith